

YOUR

OCTOBER 2025 \$3.50

PATHFINDER

THE MONTHLY JOURNAL OF ALCOHOLICS ANONYMOUS IN QUEENSLAND

Volume 121 No 9 PP No 4240 2200 173 - Queensland

**'WE ASK HIM TO REMOVE OUR FEAR
AND DIRECT OUR ATTENTION TO WHAT
HE WOULD HAVE US BE.'**

Alcoholics Anonymous, Page 68

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
 2. Came to believe that a Power greater than ourselves could restore us to sanity.
 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
 4. Made a searching and fearless moral inventory of ourselves.
 5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
 6. Were entirely ready to have God remove all these defects of character.
 7. Humbly asked Him to remove our shortcomings.
 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
 10. Continued to take personal inventory and when we were wrong promptly admitted it.
 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.
1. Our common welfare should come first; personal recovery depends upon AA unity.
 2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
 3. The only requirement for AA membership is a desire to stop drinking.
 4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
 5. Each group has but one primary purpose-to carry its message to the alcoholic who still suffers.
 6. An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
 7. Every AA group ought to be fully self-supporting, declining outside contributions.
 8. Alcoholics Anonymous should remain forever non-professional, but our service centres may employ special workers.
 9. AA as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
 10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONTENTS

Editorial & <i>Your Pathfinder</i> message	1
Statement of Purpose	1
The Touchstone	2-3
Jutta's Story	3
15 Minutes With Jim T.	4-5
The AA Group: What Is It?	6-7
What AA Doesn't Do	8
Freedom From...Freedom To...	9-10
Where Will Power Comes In	11-12
Hot Topic - AA Slogans	13
Service Opportunities	14
Support Links	14
Crossword #109	15
Directory	16-17
Queensland Meetings	18-25
Brisbane CSO Literature	26
Travelling around Australia	27
60/30/10 Plan	28

The Gift of Fellowship

October can be a busy month on the AA calendar with so many rallies and AA events coming up. They say, "those who get around, stay around" and it's always a joy to gather with members from near and far. Why not write a story of your experiences at an AA event?

Our ongoing gratitude must go to those who give service by organising and running these events, ever reminding us that Fellowship is among AA's greatest gifts.

editor.pathfinder@gmail.com

EDITORIAL

YOUR PATHFINDER

Use QR code to access webpage for subscriptions & story submissions



**Submissions
deadline 7pm
second Tuesday
every month**

We welcome content on all aspects of recovery and service in AA. Your experience, strength and hope is our lifeblood - help us to carry the message in print.

YPF may invoke the right to respectfully edit submitted content to protect you, YPF and our Traditions.

*If submitting an article that refers to **another member** please use an **ALIAS that won't identify them**, or provide their written permission.

editor.pathfinder@gmail.com

PO Box 299



Annerley, QLD 4103



Your Pathfinder Statement of Purpose

Your Pathfinder is the monthly Queensland journal of Central Service office Brisbane Inc. written, edited, illustrated and read by A.A. members and others interested in the A.A. program of recovery from alcoholism. *Your Pathfinder* is a lifeline linking one suffering alcoholic to another.

Known in Queensland as our "meeting in print", *Your Pathfinder* passes on the experience, strength and hope of its contributors and reflects a wide area of current experience with recovery, unity and service. First published in 1962, *Your Pathfinder* does not receive group contributions, but is supported entirely through magazine subscriptions and member donations.

Acceptance that every AA member has an individual way of working the program permeates the pages of *Your Pathfinder*, and throughout its history, the magazine has been a forum for the varied and often divergent opinions of AA's around the State and sometimes outside. Articles are not intended to be statements of AA policy, nor does publication of any article, imply endorsement by either AA as a whole or *Your Pathfinder*.

The Touchstone

When I came to AA and stopped drinking, my vision for the future was very naïve and unrealistic. I hoped that with drinking gone, so would be my anxieties, fear, insecurities, and every other reaction to life as I had then. Imagine my surprise when life hit me like a freight train once I gave up my medication!

I remember feeling small and then large again, feeling brave for two seconds and retreating, feeling doubtful and sure simultaneously, feeling sad for no reason, and agitated and anxious at the same time. Sounds familiar? I can only describe the early time in recovery as if I woke up from a dream disoriented and unable to go back to the stupor but not fully functioning yet. I remember learning simple social cues in my first year of recovery, learning to pause before answering, picking an appropriate tone (not too intimate or too cold), memorising useful phrases, e.g., “let me check my calendar, and I will get back to you”. What calendar?!

My saving grace in early recovery was my willingness to go to any length to stay sober. I wouldn't have formulated it this way back then. Back then, I was holding on to hope that the raw feelings, the discombobulated daze, would pass, and soon. But I know now that the grace of being willing was granted to me to stay in the program long enough to learn that although the feeling would last, I will get strategies to live through and learn to react to life differently.

I observe my recovery journey and all the highs and lows that come with life, loss, gain, relationships, and other

big and small commitments, and I must report that I haven't come across a scenario I couldn't handle. This is because I have a list of strategies to help me with life on life's terms, and here they are. You're welcome :)

Body. Amid a crisis, check if my body is all right: I look for aches and bleeding, remember to eat, drink and sleep. The longer I am in recovery, the less I negotiate on the essentials, such as an eight-hour sleep. The most beneficial practical tip, apart from the almighty Hungry-Angry-Lonely-Tired checklist, was to get a few supplements from the chemist, such as vitamin B complex and soluble fibre. I had no idea how much these small changes affect overall well-being and aid the recovery process.

Mind. When thinking overtakes me, and I cannot see the woods for the trees, I have a little routine to get me back into acceptable thought speed range. First question: is this real? Whatever obsession is brewing in my mind must be put under a lens of reason. This way, I can decide whether to keep thinking that obsessive thought or stop (or postpone) doing that. Second question: have I done what works? I have a lovely morning routine of recording my gratitude and listing a few things I love about myself that day. If I skip it and don't remind myself of the great things I have in my life, then the stinking thinking kicks in around midday, and ragged hopeless thoughts plague me.

Planning and Practice. The old saying that you are preparing to fail by failing to prepare is true for me. To change old behaviour, I must pick new behaviour and practise it. I practised saying things like “How wonderful! What a great idea! Tell me more. I am listening. What do YOU think about it” etc., in front of the mirror first before trying it on my moody teenage daughter. Instead of the usual eye-rolling, dismissive or angry remarks, I wanted to learn new reactions. I wrote down helpful phrases so I could take a pause, i.e., “let me check with ...and I'll get

back to you". My sponsor was invaluable to help me with my patronising behaviour. Instead of my go-to passive-aggressive mode (you made me, because of you, nobody cares, etc.) I learned to start the sentences with the "I feel..., I think..., my day..., I am...". I can deflect someone else's aggression by saying "I want to help" or "You are right" without dropping into the sea of internal turmoil or drama.

The beauty of the AA program of recovery is that tools are available at any stage of sobriety, and they are needed at every step. I may never stop being an alcoholic woman, but I don't have to be insane or live a life of total unmanageability as well.

Much love.

Olga K, Hobart Women's meeting

Reprinted from Your Pathfinder, Feb 2022.

Jutta's Story

I'm Jutta, sober today by the Grace of God. My home group is the 12 Steps and 12 Traditions Meeting here in Tin Can Bay. I came to A.A. September 1983, busted mid-January 1984 and returned to AA, drunk, on the 26th of January. I finally understood that I carry a disease which can't be cured. I also understood that I can't stay sober and work this program on my own.

I joined a group and got involved in group matters. I became responsible and started to serve others under the guidance of my two sponsors. Wherever they went I had to come with them and I learnt very early to chip in and become a giver rather a taker. I learnt to say: "Thank You" and not to take things for granted. A lot to learn in the beginning and my learning in AA hasn't stopped since. I grew up in and with the fellowship and I still do what I did in the beginning. Home group, involvement and service and keeping in contact with friends in AA on a daily basis.

I came as a non-believer and a doubter and that has all changed over the decades. Today I KNOW without HIM I would not be in AA anymore. I know the Steps are essential to get me well. The Traditions are important to keep our groups united. But I use the Traditions to cope with the crazy outside world. And the Concepts are

the ones that kept me going.

Living in a rural area doesn't mean that I am isolated. As an active member of LIM [Loners Internationalists Meetings] there is no dull day and no wasted day either. I am connected with AA around the globe and what a reward that is. I would have never thought that our AA World is so small and yet so far spread. I just love to be in the middle of it. If I would stay put it would be only a matter of time and I would be bored and leave AA. I know where that would lead to, in the long run. I have seen it over and over again and that is not the path I want to follow. So, as old Railway Bill would say: "Keep going, to keep going".

Happy 24 hours and God bless you all,
Jutta from Tin Can Bay and LIM
Reprinted from Your Pathfinder, July 2016
in loving memory of Jutta.





15 Minutes With Jim T



Reprinted from *Your Pathfinder*, Oct. 2017. In loving memory of Jim T.,
from Coolum Beach. Sobriety date 11th August 1981.

What Brought You To Your First AA Meeting?

I'd already lost two wives, two families, two homes and my business - and I'd just reached the point where I went on a huge bender early in August '81 that lasted five or six days. I don't remember anything except coming out of a blackout on a Tuesday morning - 11th of August - and looking at myself in the mirror. I looked like death warmed up! I looked like a man who was hell-bent on self-destruction and for the first time I said to myself: "I don't want to do this anymore, I just don't want to live like this anymore!"

I picked up the phone and rang the guy who had given me his card. He'd given it to me when he spotted me having a "nice social drink" at 5:45am in the morning several weeks previously, at work. He said: "I was wondering how long it was going to take". That was a fella called Beenleigh Jim - he'd been sober then for nine years when he caught me having a drink at work. I had told him to mind his own business as I was just having a "sociable drink" - but the actual fact was I was just trying to get the shakes out of my hands and hopefully last out until 10am when the pubs opened.

What was it like at your first meeting?

I met a guy at the door at Nundah Meeting who said: "I suppose you are the black sheep of the family, when I said, "Yes I am", he replied, "So you best come in and meet the rest of the herd". That gave me a sense of belonging. I remember sitting there and looking up at the Steps and Traditions on the banners on the wall and not having a clue. I asked one of these fellas, "What's all these Steps about?" He said to me, "You just worry about getting over that step at the front door and everything else will fall into place".

Why did you keep coming back to meetings?

I just felt the love and compassion; I was in a room with people who understood! I remember thinking if I had told my story at the pub I would have been the laughing stock but in here (the AA meeting) I was with my own sort of people and identified with almost every story I heard that night.

Were there people who were very instrumental in your recovery?

Beenleigh Jim, Railway Bill, Knockabout Frank and a guy who was lovingly known as "Give-them-the-ass" Darc. He used to say, "If anything is a problem son, and interfering with your sobriety son, well give the bastard the ass!"

What are the biggest obstacles in your recovery?

I wouldn't call it an "obstacle" as such because determination had set in. Most of the people who I worked for/with (in construction) were real big drinkers. I think one of the most confronting things that happened in the early days is a builder who I did most of my work for (also a drinking partner) put a great big banner up on the side of a building saying "Jimmy the tiler is now a member of Alcoholic Anonymous". I nearly bloody died when I saw it, but I just laughed it off. I said to this guy "Well you may take the Micky but I'll show you". A few years later he dropped in while passing through. He congratulated

me for sticking as a member of AA and I was now five years sober.

How do you overcome them (obstacles)?

I just kept going to AA. I was told "Just keep coming back, just keep coming back son, it doesn't matter what's going on in your life, just keep coming back, we guarantee it will get better!"

What is your favourite piece of AA literature?

Definitely the Big Book.

Any particular chapter, paragraph or quote?

The "Doctor's Opinion" (p. XXIII) – "How It Works" (p. 58) and "A Vision for You" (p. 151) are the most important parts of that book for me.

What is life like for you now?

Life is magic, I married a beautiful woman in Alcoholic Anonymous in 2001. We met when she first got sober in 1993. In Railway Bill's words: "You don't get involved with women in AA when they - or you are - trying to get sober". But I just felt the world about this woman so I left it until 2000 to ask her out for a coffee after a meeting. She said to me, "I thought you would never ask!" Twelve months later we got married and we are still together today. We've got six kids between us and we've 16 grandchildren [Oct 2017].

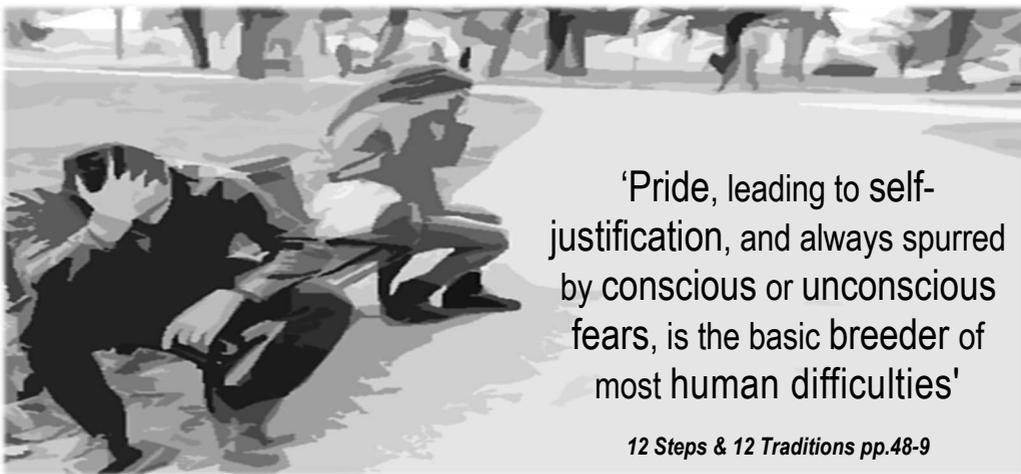
Any suggestions for the newcomer?

Keep coming back, just keep coming back! And don't leave before the miracle happens

How have Service affected your life, in or out of the rooms?

There was this guy called Pat M and I remember way, way back I was at an Area Assembly and they were calling for a Treasurer. Pat tapped me on the shoulder and said, "Son, you've been sober long enough to get a bit of service into you. Stand up and don't sit down!". So that was my first go at being Treasurer for Area B and from there on, it was just a variety of positions and eventually I ended up being on the Steering Committee for the CSO (Central Service Office) and eventually was the Chair for a time.

I've done all sorts of service for the Home Group, to the Area and to Central Service Office. If you want to obtain good, honest sobriety then do service.



'Pride, leading to self-justification, and always spurred by conscious or unconscious fears, is the basic breeder of most human difficulties'

12 Steps & 12 Traditions pp.48-9

The AA Group – What Is It, Exactly?

The following article draws on *The Australian AA Group Handbook (2021)*. Members are encouraged to refer to this publication as a key source for comprehensive information on the operation of AA Groups in Australia.

If you're anything like me, when you first started attending meetings you didn't give much thought to the AA Group or how each meeting came to be running. For most of us, understanding the 'back-end' of AA takes a while. The first thing I learnt was that I met the only criterion for membership, as stated in Tradition 3, I had a desire to stop drinking. It was that easy!

'I could attend any meeting and, if I so chose, join any one group as my home group.'

I soon realised that if I grabbed a tea towel or stacked some chairs after a meeting I felt a greater sense of belonging. One time a member remarked that I'd been 'doing service' and I felt good about that, though in truth most of this 'service' had been attempts to avoid chatting with other members, a prospect that terrified me.

As the fog continued to lift, I started to join more dots— *somebody* had brought tea, coffee and biscuits; *somebody* had put out chairs and literature; *somebody* had hung banners; and *somebody* was chairing the meeting. This wasn't random, it required some organisation.

The different meetings I attended were run by *individual* AA groups and that each ran autonomously. I could attend any meeting and, if I so chose, join any one group as my home group. Membership wasn't 'granted' it was all entirely up to me! This was my introduction to the AA Group, yet there was still so much more to learn...

In this series, we'll explore and try to demystify aspects of AA's Service structure, starting with the all-important AA group.

As with every aspect of AA's structure we look to the Twelve Traditions and the Twelve Concepts for the underlying principles relating to AA Groups.

In its preliminary pages *The Australian AA Group Handbook* highlights Tradition 5 - "AA's Single Purpose" and Tradition 12- "The Importance of Anonymity".

It is at group level that newcomers first see the application of these two vital principles. The AA group and, by extension, its meetings, are the beating heart around which our fellowship grows; it is where we come together to share our experience strength and hope; it is where we seek the

solution to our alcoholism and hear of the Twelve Step program on offer. And it is AA's Twelve Traditions that establish the purpose, principles and scope of the AA Group. *The Australian AA Group Handbook* sets out guidelines for group operation, in line with AA's Traditions and Concepts.

Definition: What is an AA Group?

"Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation". Tradition 3 Long Form (see also Concept XII, Warranty Six).

In other words, AA Groups are alcoholics gathered together for the mutual benefit of getting and staying sober. That the group's main role is to host AA meetings is implicit in this long form of Tradition 3. Each group needs to remain unaffiliated. Many groups rent meeting rooms from churches, charities or businesses— it is purely a business arrangement. Groups need to be mindful when naming their group or advertising its meetings to exclude any references that *imply* outside affiliation eg *"Valley RSPCA AA Group"*. Even if this is a known landmark, the building's name and location is sufficient to find the meeting.

Objective: what is each group's purpose?

Tradition 5 states the primary purpose for every AA Group – “to carry its message to the alcoholic who still suffers”. This is the *raison d'être* for every AA group and for its meetings. It is the objective that underlines every aspect of our fellowship, service structure and all our AA activities - it is sometimes referred to as AA's Primary Purpose.

So how does the AA Group operate?

Again the Twelve Traditions provide the overarching principles:

Group membership is by individual choice based on the Third Tradition's “desire to stop drinking”. No further requirements or expectations apply. Nor are there penalties for non-conformity to AA principles. No member can be expelled. This simple principle means that no-one seeking help to stop drinking should be denied it in AA.

Furthermore, as stated in AA's Preamble, there are no dues or fees. All contributions to the running of the group and to AA as a whole, are entirely voluntary. Usually done by passing the basket at AA meetings.

Tradition 7 states that “*Every AA group ought to be fully self-supporting, declining outside contributions*”. Anyone who calls themselves an AA member may choose to contribute, observers should not.

Given that groups are fully self-supporting, whenever a group finds itself unable to support itself, whether financially or because group members are no longer able to provide their service to keep its meetings open regularly, the group and the meeting may have no choice but to fold. AA groups are never static, membership and attendance can ebb and flow.

Each Group is autonomous except in matters that affect (or could potentially affect) AA as a whole. The group manages its own affairs— the type and format of meeting, financial decision making, service

positions within the group and interrelations with the broader service structure— District, Area, PI, HI etc. Most groups hold regular Group Conscience meetings to discuss and make decisions on all group business. *The Australian AA Group Handbook* tells us that “each group is as unique as a thumbprint” (p.10) since each group is governed by the principle of autonomy in Tradition 4.

As we know there are many types of AA meetings both in-person and online. They can be based on AA literature, themed, ID (identification), speaker, discussion; or they could be based around a specific demographic: Indigenous, Young People, LOTE, Women's, Men's, LGBTQI, etc.

In every case there are Groups behind these meetings and group members who give service by keeping the meetings open.

The Group Conscience (GC) is a vital aspect of group operations. Regular GC meetings of the Group's members make decisions on how the group's money is spent or dispersed, how to celebrate milestones, whether the literature stocks need topping up and what is happening in AA as a whole that the group needs to consider. (*More on group service positions next issue*)

What about anonymity?

Tradition 12 reminds us that “anonymity is the spiritual foundation of all our Traditions”. At the personal level, anonymity assures privacy for all members, a safeguard often of special significance to newcomers who may hesitate to seek help in AA if they have any reason to believe their alcoholism may be exposed publicly. Groups don't keep permanent records of meeting attendees. The Chair writes down first names in order to keep a track of who they'll ask to share that week, and to follow through in subsequent meetings by asking those who haven't been asked recently. As in all matters, AA runs on democratic principles. Chairing ought not favour any individual member/s. **Cass B**

What AA doesn't do

1. Recruit members or furnish initial motivation for alcoholics to recover.
2. Keep membership records or case histories.
3. Follow up or try to control its members.

Tradition Ten

Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

4. Make medical or psychological diagnoses or prognoses.
5. Provide hospitalization, drugs, or medical or psychiatric treatment.
6. Provide housing, food, clothing, jobs, money or other such services.
7. Provide domestic or vocational counselling.
8. Engage in or sponsor research.
9. Affiliate with social agencies (though many members and service offices do cooperate with them).
10. Offer religious services.
11. Engage in any controversy about alcohol or other matters.
12. Accept money for its services or contributions from non-AA sources.
13. Provide letters of reference to parole boards, attorneys, court officials, schools, businesses, social agencies, or any other organisation or institution.

The Australian AA Group Handbook, p.46

"The second best thing I've ever done was to get sober in AA, the BEST thing I've done was to STAY"

Freedom From... Freedom To...

When I first read the chapter 'A Vision For You', I felt like throwing the Big Book against the wall. I found it melodramatic and overblown- "*subjects of King Alcohol, shivering denizens of his mad realm*" and the Four Horsemen analogy were absolute extremism, weren't they? But when I thought about my so-called life over the previous five years, it had mostly been the grinding repetition of waking up with guilt, shame and remorse, and idly wishing that I'd stayed asleep, permanently.

I couldn't face the mirror, nor a glimpse of my own reflection in a shop window. A look from a passer-by made me avert my eyes. I was convinced they knew exactly what a low life I'd become. In fact, *Terror, Bewilderment, Frustration* and *Despair* fitted that picture perfectly! And as for alcohol as a cruel tyrant, I'd made many attempts to escape its clutches only to prove, time and time again, the unbearable power alcohol held over me. To be powerless to stop something you desperately *don't* want to be doing is to be totally defeated.

I found my solution in the AA program. Early on I heard one of AA's paradoxes: 'Surrender to win' and I knew that was my answer. In all reality what else was I to do? I surrendered to the reality that I didn't have the answers, but AA did. It was the first of many surrenders in recovery.

I had to admit that my life was unmanageable even without alcohol, if I continued to insist on living by self-propulsion. I needed a power greater than me and my alcoholism, and I realised (eventually!) that I needed to *seek* that help regularly. They say God comes to us by invitation only, we always have 'free will', and I've found that to be true. Whenever I'm disturbed

my ego speaks first and loudest.

Seeking *daily* guidance has been the result of many surrenders after hitting yet another wall being convinced I know better! I have come to recognise that a Higher Power has a better plan for me than the one run by my self-will, characterised by selfish motives and self-seeking fear. Today, I think of this better plan as my 'true will' in that it meets my every need and brings connection back to life and to others. Acceptance of this reality has given me true peace of mind. Today, I still have 'free will' but I try to use it to keep choosing God's better plan.

Clearing the wreckage of my past in Steps Four through Nine has freed me of the guilt, shame and remorse I carried around for years. There have been surrenders there too. Surrendering my old ideas and my defects of character requires regular willingness to think and behave differently going forward. I can no longer hide in excuses or expect others to pick up my life's responsibilities. I need to walk with respect and tolerance through each day. I need to reach out to others and accept their help; equally I need to be of service to others and think of their needs.

Whenever I'm overwhelmed by how exhausting this all seems, I remember my drinking days – the exhaustion of ducking and weaving and sneaking and hiding through my life – and I realise this is the easier, softer way! I am a work in progress.

At a meeting recently I heard a member share that they have the freedom to do absolutely anything and everything today, except to pick up that first drink. I cherish this freedom I've been given in sobriety. Like everyone, I have my personal limitations and those required to live peaceably within our society, but I no longer live in the prison of active alcoholism, which deprived me of all choice, took everything I held dear, and finally robbed me of my

very soul. In not taking that first drink I gain my whole life back, a seemingly simple exchange of booze for everything else.

The solution is *simple*, but that doesn't mean the path to a meaningful sobriety is easy. At times, far from it. To continue staying away from that first drink, I need to live in the spiritual principles of our Twelve Steps, one day at a time. On awakening I bring spiritual fitness into my life by clearing my thoughts of dishonest, selfish and self-seeking motives and by asking for higher guidance throughout the day to do 'the next right thing'. This is its own freedom – freedom from the bondage of self.

I also need to live in the Three Legacies – *Recovery, Unity and Service*. Without the continuity of the AA Fellowship my own sobriety and that of my fellows will be jeopardised, and there'll be no hope for the still suffering alcoholic yet to find the rooms.

'The solution is simple, but that doesn't mean the path to a meaningful sobriety is easy. At times, far from it'.

Each day I need to live in gratitude for this sobriety, with the attitude that I *get to* give service and I *get to* practise the Twelve Steps rather than seeing these gifts as onerous tasks that I *have to* do. At night I review my day, remembering to be grateful for the gift of another day's sobriety. In this way I hope to grow in faith and humility.

I've been given the freedom to choose this program, I can't afford to make it hard on myself by resisting the very little that is required of me to live a life of '*freedom from...*' and '*freedom to...*'

Cass B

'The tremendous fact for every one of us is that we have discovered a common solution'

Alcoholics Anonymous p. 17



Where Willpower Comes In



There has always been a lot of confusion about this matter of exerting the will. When the Twelve Steps say, "We admitted we were powerless over alcohol.." we assert what has been a fact about that malady – namely, that a frontal attack by the will on the desire to drink almost never works.

This hard fact is the premise upon which we must start – the recognition that actual lunacy cannot be subdued by straight willpower. God knows drunks have tried hard enough to do just this and have generally failed. Nobody would expect much result were every kleptomaniac to take the pledge not to steal. Respecting stealing, the kleptomaniac is as compulsively nutty as he can be. Though this compulsive condition is not so generally recognised in the alcoholic, because drinking is socially acceptable, it is nevertheless true that he is just about as crazy. Therefore our First Step is realistic when it declares that we are powerless to deal with the alcohol hex on our own resources or will.

But even AA's First Step asks willingness – the willingness to admit that our willpower in not going to work head-on. But that's only a starter. All of the rest of AA's Twelve Steps require both willingness and willpower. They certainly deal in religious and moral values.

For example, we must acquire the willingness to take moral inventory. This much accomplished, we then must needs [sic] muster the gumption to actually do that. We can become willing to believe in the efficacy of AA's Twelfth Step– carrying the message to others. But if we are aroused from sleep at 12 o'clock at night to make a Twelfth Step call – well, the actual making

' if we are aroused from sleep at 12 o'clock at night to make a Twelfth Step call – well, the actual making of that visit may call for a considerable amount of willpower.'

of that visit may call for a considerable amount of willpower.

Another example: It is especially required of the atheist and agnostic that he become open-minded on the subject of God. This seems to require a considerable exertion indeed. If then we suggest that he address himself to whatever God there may be, in meditation and prayer, he usually finds this takes a lot of discipline to do, even as an experiment.

The net result of willingness and will, as applied to the life problem in general, does eventuate in a release from the desire to drink, thereby getting around any heavy exertion of willpower on the alcohol problem itself. Precisely why this release comes to most of us is totally unexplained. We *are* restored to sanity, provided we condition ourselves for the gift of restoration – or to put it in religious terms, to the inflow of God's grace which results in the expulsion of the obsession.

Nor does it seem to matter how we define God's grace. We can still claim if we like that we have tapped a hidden or unused inner resource. We don't need to actually define just where that came from. Or we can believe, as most of us finally do, that we have tapped the resources of God as he exists in us and in the cosmos generally. None of us can presume to know exactly how this is.

Of course I do not mean to say that no willpower respecting the alcohol problem is ever to be used. During my first couple of years, I had two or three severe temptations to drink. But having practiced the AA program pretty faithfully, I was fully able to see the consequences of so doing at the time I was tempted. The usual blinding rationalisations were not present. I had been restored to sanity, respecting

alcohol. I nevertheless had to make a choice. But under these conditions it was not hard. And the choice did require a certain modicum of willpower. Or of willingness to choose rightly.

I think this exercise of the will is appropriate and necessary during the interval in which one is developing a general release is quite possible, after considerable practice of AA's program. I know because I have been under enormous emotional strain since AA started. I had a neurotic depression that lasted from 1943 until 1955, one from which I never fully resurfaced. About three years of this was suicidal. But the release from alcohol had been so thorough that I was never tempted during this long siege to resort to drink.

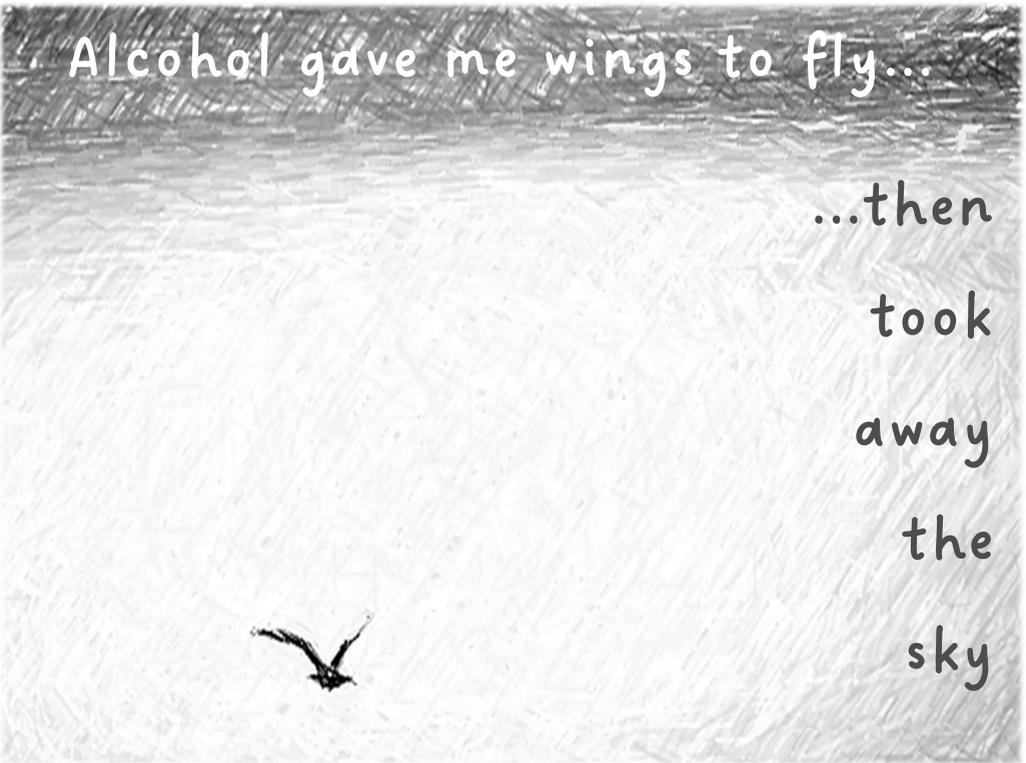


*'...the choice did require a certain modicum of willpower.
Or of willingness to choose rightly'*

So this is the substance of the AA party line as I happen to see it. But please be assured you don't necessarily have to see it the same way. Plenty of people differ with me and yet remain sober. Nevertheless the experience of most of us seems to back up what I have just said. Those who try to work the program in other ways, and who succeed by so doing, are in my belief staying dry the hard way. AA's orthodoxy, if it can be called that, is merely what the majority experience suggests. You can still take your pick!

Bill W, May 1962 from *Language of the Heart*, pp. 272-4

Copyright © (1988) AA Grapevine, Inc. Reprinted with permission





HOT TOPIC



Open-mindedness has been critical to my recovery, especially with regard to the spiritual aspects of the AA program. I stayed away from AA for a long time because of the 'God' word. I thought AA was a bit of a cult and definitely a religious program. I didn't see how it could help me.

When I hit my rock bottom and had nothing left to try, I reluctantly came to AA, in desperation, and was relieved to find that not everyone in

the fellowship used the 'God' word. The idea of a Higher Power of my own understanding was something I was willing to be willing to believe in to help take away my insanity.

That open-mindedness got me through Step 2 and on my spiritual journey. More than five years of continuous sobriety later, I still don't know exactly how I understand my Higher Power, but I definitely have faith that I have one! Liz



Keep An Open Mind

I discovered in AA that I was not nearly as open minded as I'd imagined! Letting go of my old ideas was challenging even though they hadn't been working for me. But I held onto the thought that I came into AA with the conviction that I no longer had any answers; that I didn't know where else to go or what else to do. I had surrendered, so who was I to question the solution that was on offer?

Like many I had real problems with the God idea, even the word seemed abhorrent, yet the reality was that I hadn't made it into the rooms without trusting to something greater than myself with a better plan. Keeping an open mind has been the key to a whole new way of living infinitely better than anything I'd imagined. Cass B

When I was drinking I was close-minded to anything that could help me live a better life. I was too busy doing things my way, but, of course, my way didn't work. When I came into AA I was miserable, but you weren't. You were happy, joyous and free. I wanted what you had. It was you that



opened my mind, I did what you suggested. I got a sponsor, a home group, a Big Book and started doing the Steps. My mind stays fairly open now to trying things that can help me on my spiritual path because I want the best quality of sobriety. Carmel

Service opportunities ↓

Links and Resources ↓

See vacant service positions at:
<https://csobrisbane.org/members/volunteer/>

<https://csobrisbane.org/members/make-a-donation/>

<https://csobrisbane.org/resources/>

<https://csobrisbane.org/members/news/>

<https://csobrisbane.org/your-pathfinder/>

See Page 17 for Vacant Service Positions



See Page 16 for Helpline Numbers

<https://csobrisbane.org/wp-content/uploads/2021/09/Your-AA-Helpline-Kit-Feb-2021.pdf>

<https://aa.org.au/loners-international/>

Our real purpose is to fit ourselves to be of maximum service to God and the people about us . *Alcoholics Anonymous p.77*

VOLUNTEER

Looking for a creative service role?

Your Pathfinder

has vacancies!

Hot Topic Compiler

Secretary

Printer

Reporters

Printer needs to be based in Brisbane

Contact: editor.pathfinder@gmail.com

Meetings, events, listings and insert enquiries

To list upcoming events in CSO News, publish a new meeting, change existing meeting details in the meeting list, or insert a flyer in *Your Pathfinder*, contact the CSO:

Co-ordinator

Central Service Office

PO Box 299
Annerley DC Qld 4103
Email: admin@csobrisbane.org
Phone: 07 3255 9962

Deadline for changes is the 14th of each month.

Upcoming events will be included in the CSO News *if received before the 20th of the month.*

Inserts must be provided to the CSO, pre-folded, **before the 20th of the month.** Insert fee of \$25.00 made payable to:
Your Pathfinder

Queensland helplines

<i>Airlie Beach</i>	0414 229 024
<i>Brisbane</i>	3255 9162
<i>Bundaberg</i>	0475 903 999
<i>Cairns</i>	4051 2872
<u><i>Far West District</i></u>	
<u><i>South West Qld</i></u>	0436 464 633
<i>Gladstone</i>	0419 725 287
<i>Gold Coast</i>	5591 2062
<i>Hervey Bay</i>	0438 169 764
<i>Mackay</i>	0435 070 195
<i>Maryborough</i>	0438 169 764
<i>Rockhampton</i>	0401 469 009
<u><i>Sunshine Coast</i></u>	
<u><i>District 9</i></u>	0457 119 009
<i>Townsville</i>	4771 5411
<i>Yeppoon</i>	0410 032 664
<i>Toowoomba</i>	www.aatoowoomba.org



Online Recovery Sources

General Service Office

www.aa.org.au

A.A. Service Website

www.aaservice.org.au

A.A. *Grapevine* Magazine

www.aagrapevine.org

A.A. Brisbane North District Skype

www.aaaussieaa.wixsite.com/skype

A.A. Sunshine Coast District Office

www.sunshinecoast.aameetings.org.au

A.A. Toowoomba Service Website

www.aatoowoomba.org

Outback Australian A.A.

www.outback-aa-au.org/au

General Service Structure

◆ John O

North Eastern Regional Trustee

Phone: 0407 714 744

john.nertrustee@gmail.com

◆ Dann

Area A Delegate

Phone: 0417 519 728

nerareaadelegate@aa.org.au

◆ Ric C

Area B Delegate

Phone: 0434562381

nerareabdelegate@gmail.com

◆ Jodi H

Alternate Area B Delegate

Phone: 0401 397 504

Email: areab.altdelegate@gmail.com

◆ Teresa

Area C Delegate

PO Box 70, Annerley, QLD 4103

Phone: 0419 342 030

Allenteresa01@gmail.com

◆ Bill R

Alternate Area C Delegate

Phone: 0412 583 839

Billro7@hotmail.com

◆ Andrew M

Virtual Area Delegate

Phone: 0491 464 598

aaausvirtualarea.delegate@gmail.com

Your Pathfinder Committee

Chairperson: Tom Z

Feb 2027

Secretary

**VACANT

Cover Design: Lexie B

Mar 2027

Hot Topic:

**VACANT

Crossword: Liz D

Jul 2026

Editor: Cass B

May 2026

Alt. Editor: Guy

Sep 2027

Proof Reader: Carmel H

Sep 2026

Reporter: Ann P

Jan 2026

Reporter: Keiley B

Jan 2026

Reporter:

**VACANT

Envelopes/Subs: Sandra C

Feb 2026



**Service positions to fill

APPLY TODAY!

Your Pathfinder subscriptions:

Hold phone camera
over this QR code to
access subscriptions
page



To SUBMIT a FLYER or NOTIFICATION
in the CSO News contact
Admin. at CSO Brisbane.

www.csobrisbane.org

E: admin@csobrisbane.org

P: 07 3255 9962



CSO Steering Committee

Chair: David B

Alt-Chair:

Treasurer: Di B

CSO Sec: Teresa

7thTradition:

Helpline/SupportLink: Carrie (Annerley ES)

YPF: Tom Z (Toowong Trads)

PI/CPC Schools: Rosemary L (Annerley Women's)

Treatment Facilities:

Area Liaison: Brent C

Dec 2025

**VACANT

Dec 2025

Ongoing

**VACANT

Aug 2025

Feb 2027

Jan 2026

**VACANT

Oct 2026

The Editor

Your Pathfinder

PO Box 299

Annerley

Qld 4103

Cass B 0401 544 602

editor.pathfinder@gmail.com



Queensland Meetings Directory

Please send meetings updates, additions or changes in **writing to** the CSO Brisbane Inc.

Web: www.csobrisbane.org **Email:** admin@csobrisbane.org **Mail:** PO Box 299, Annerley, QLD 4103

Office: 07 3255 9962 Mon – Fri 10am - 6pm **Helpline:** 07 3255 9162 (7days) 10am - 10pm

Open: Open to both AA members and non-AA visitors. **Closed:** AA members only. **BB:** Discuss AA Big Book. **Steps/Trad:** Discuss 12 Steps/Traditions. **ID:** Identification, members share their stories.

WIWO: Walk in walk out. **DREF:** Discuss the book Daily Reflections. **SP CPT:** Spiritual Concept.

BRISBANE		Helpline Phone: 07 3255 9162
Alexandra Hills Big Book Study	Mon 10:00 AM	48 Newhaven St Alexandra Hill Tony 0412 041 665
Annerley Emotional Sobriety	Mon 7:00 PM	Baptist Church, 556 Ipswich Road. Margie 0427 360 066
Aspley Big Bk/Steps Study	Mon 7:30 PM	Church Hall, 22 Jaguar St. W. Don 0432 912 896
Bowen Hills Young People's Gratitude	Mon 6:30 PM	Jeays St Comm Centre, 12 Jeays St. Leah 0478 949 666
Bribie Island Recovery Open ID	Mon 7:00 PM	Church of Christ, 41 Foley St Bongaree. Rick 0422 361 067
Brisbane Valley Beginners	Mon 7:00 AM	Street Lvl Mission, 97 School St Shill. Patrick 0438830609
Cleveland Living Sober Open	Mon 7:00 PM	St Pauls Anglican Hall, 4 Cross St Lewis 0412 546 173
Common Park (Coorparoo) DREF	Mon 10:00 AM	The Common Park, 79 Cambridge St. Kathleen 0439 369 694
Enoggera Big Book	Mon 10:00 AM	St John Baptist Hall, 131 South Pine Rd. Kerrie 0407 582 064
Gumdale Daily Reflections Topic	Mon 7:00 PM	Progress Hall, 737 New Cleveland Rd. Antony 0426741088
Herston New Farm Beginners	Mon 7:00 PM	HADS Unit, RBW Hospital, Caitlin 0432587115
Hillcrest Open ID (Not Public Holidays)	Mon 6:30 PM	Logan West Com Cntr, 2 Wineglass Drv. Adam 0456 834 852
Logan Village Daily Reflections-ID	Mon 7:00 PM	Community Centre, 30 Wharf St. Del 0437 249 652
Mt Gravatt Open ID	Mon 7:00 PM	'S.Side Church (under ch) Springwood St Steve 0418 757 576
Red Hill Amity Closed Steps	Mon 7:00 PM	Baptist Church Hall, 16 Windsor Rd. Dean 0401 488 744
Redcliffe AM Recovery (No Pets)	Mon 10:00 AM	Emerge Ch 3 Plume St, Ron 0447 750 960
Redcliffe Living Sober	Mon 6:30 PM	The Stephen Jull Centre, 97 Sutton St. Marie 0401 902 057
Toowong Beginners	Mon 7:00 PM	Holy Family Ch B'ment, 37 Ward St. Al 0400 107 433
Bray Park Big Book	Tue 7:00 PM	Oasis Ch, 10 Wynns Crossing Rd. Ric 0434 562 381
Bridgeman Downs Steps & Traditions	Tue 10:00 AM	Anglican Church Hall, 30 Ridley Rd Alex 0409 337 093
Brisbane Traditions	Tue 7:00 PM	Uniting Ch, 43 Thynne Rd, Morningside Brian 0438 165 468
Caboolture Sober Livin	Tue 7:00 PM	Neighbourhood Centre, 9 George St. Dan 0493 431 588
City Seize the Day Steps	Tue 7:00 AM	Albert St Uniting, 319 Albert St Brisbane Patrick 0407 642 298
Common Park (Coorparoo) DREF	Tue 10:00 AM	The Common Park, 79 Cambridge St. Kathleen 0439 369 694
Dakabin Open ID	Tue 7:30 PM	7th Day Church, 337 Old Gympie Road, Stephen 0418 880 748
East Brisbane Kangaroo Pt. Open ID	Tue 8:00 PM	St Paul's Church, 554 Vulture St East.
Fortitude Valley Big Book	Tue 7:00 PM	St Patrick's Church, 58 Morgan St. Euan 0424 686 641
Hamilton ID	Tue 8:00 PM	Gateway Pres Church 68 Charlton St, Hamilton
Kenmore DREF	Tue 12.30 PM	Uniting Church, 982 Moggill Rd, Michael 0439 077 648
New Farm Steps (No Pets)	Tue 7:00 PM	Macedonian Comm Hall, 142 James St, Caitlin 0432 587 115
Nundah Beginners	Tue 7:00 PM	Baptist Church Hall, 19 Chapel St, Paul 0438 124 687
Ormiston (Wheelchair acc)	Tue 10:00 AM	Catherine Gray Hall, 209 Wellington St Warren 0436 004 949
Red Hill Promises	Tue 7:00 PM	Baptist Church Hall, 16 Windsor Rd. Richard 0409 998 817
Redcliffe Women's LS (Not Pub Hols)	Tue 10:00 AM	Encircle Centre, 1 Lamington Drive. Philomena 0424 901 514
Samford Open Topic (Child Friendly)	Tue 7:00 PM	Community Hub, 2204 Mount Samson Rd Barb 0403 069 964
The Gap Steps	Tue 8:00 PM	St Mark's Ch Hall, 1075 Waterworks Rd. Andrew 0421 325 749
Wynnum Ways Open ID	Tue 7:00 PM	Wynnum Municipal Hall, 219 Bay Tce. Peter 0438 668 732
Yeronga Big Book	Tue 7:00 PM	CWA Hall 9 School Rd Yeronga. Garry 0431 803 127
Annerley Living Sober	Wed 6:30 PM	Baptist Church, 556 Ipswich Rd. Trish 0407 370 081
Bridgeman Downs Big Book Study	Wed 6:30 PM	Anglican Church Hall, 30 Ridley Rd. Alexis 0409 337 093
Bayside Beginners Steps/ID	Wed 7:00 PM	Uniting Church Hall, 36 Passage St Greg 0498 995 428
Common Park (Coorparoo) DREF	Wed 10:00 AM	The Common Park, 79 Cambridge St. Kathleen 0439 369 694
Forest Lake – South Brisbane Steps	Wed 7:00 PM	Room 1, Community Hall, 60 College Ave. Michael 0433981055
Fortitude Valley Men's Topic Open	Wed 7:00 PM	St Patrick's Ch Hall, 58 Morgan St. Ainslie 0422 585 700
Gumdale Open ID	Wed 7:30 PM	Progress Hall, New Cleveland Rd. Gary 0412 420 903
Jimboomba Open Recovery	Wed 7:30 PM	Jimboomba Community Centre, Honora St. Alan 0424 493 553
New Farm Women's ABSI (No Pets)	Wed 7:00 PM	Macedonian Comm Hall, 142 James St Caitlin 0432 587 115
Ormiston (Wheelchair acc)	Wed 10:00 AM	Catherine Gray Hall, 209 Wellington St, Ben 0407 929 492
Paddington Step Ino Action	Wed 6:00 PM	Jubilee Parish Church 333 Given Terrace, Paddington

Redcliffe Freedom From Alcohol	Wed	5:30 PM	Salvation Army Building, 64 Ashmole St, Paul 0416 381 897
Springwood Topics	Wed	7:00 PM	7th Day Adv Ch Rm, 121 Barbaralla Dr. Denise 0411 550 931
Taringa Steps	Wed	6:30 PM	Baptist Church Hall, 36 Morrow St. David 0411 828 757
Zillmere ID	Wed	8:00 PM	St Flannan's Ch Hall, 194 Handford Road. Dave 0417 708 232
Annerley Women's Topic Open	Thu	12:30 PM	Jupiter Rm Cnr Ipswich/ Waldheim Rd Rosemary 0417755992
Aspley Living Sober	Thu	7:30 PM	Church Hall, 22 Jaguar St Chermisde W. John 0432 758 304
Auchenflower Big Book	Thu	7:00 PM	St Ignatius, 30 Kensington Tce. Toowong Miles 0433 993 873
Brisbane Northside Women's	Thu	7:00 PM	Pne Rvrs N'hood, Rm1, 865 Gympie Rd Cheryl K 0422 069 354
Bulimba Freethinkers/ Secular	Thu	7:00 PM	Bulimba Library, 219 Oxford St. Mick 0411 487 749
Burpengary into Action	Thu	7:30 PM	Mens Shed Cnr Old Bay & Maitland Rd. Gerry 0477 771 715
Cleveland Topic Open	Thu	11:00 AM	Anglican Church Hall, 41 North St. Kath 0407 242 988
Cleveland Into Action (Womens Spkr)	Thu	7:00 PM	51 Passage Way Cleveland, Star of the Sea Lynda 0460 293 705
Common Park (Coorparoo) DREF	Thu	10:00 AM	The Common Park, 79 Cambridge St. Kathleen 0439 369 694
East Brisbane Open ID	Thu	10:00 AM	St.Pauls Church Hall, 554 Vulture St East. Ben 0407 929 492
Greenslopes Topics	Thu	7:00 PM	Queen Alexandra Bld 347 Old Cleveland Rd ,Coorparoo.
Hamilton Open ID	Thu	8:00 PM	Rm rear Library cnr Rossiter/Racecourse Rd Sue 0458165 460
Mt Gravatt Open ID	Thu	7:00 PM	Under S'Side Church, Springwood St Harry 0412593333
North Lakes topics (Wheelch acc)	Thu	7:00 PM	Axis Church 1 Gardenia Pde, North Lakes Yossi 0415 906 240
Ormiston ID (Wheelchair acc)	Thu	10:00 AM	Catherine Gray Hall, 209 Wellington Rd. Claire 0430 161 806
Samford 12 x12 BB Steps & Trads	Thu	10:00 AM	Farmers Hall, Main St. Carol 0417 049 260
Sandgate Brighton Steps & Trads	Thu	7:00 PM	St Margaret's Angli Ch, 58 Rainbow St. Andrew 0410 619 674
Springwood ID Recovery	Thu	12 Noon	7th Day Adv Church Rm, 121 Barbaralla Simon 04169933873
Strathpine Young and Sober	Thu	7:00 PM	St Faiths Church Hall, 1 Sutherland Dr.
Toowong Women's (Not Public Hols)	Thu	6:30 PM	Library, Toowong Tower, Sherwood Rd. Fiona 0424 575 242
West End 11 th Step	Thu	7:00 PM	St Francis Church, 47 Domoch Tce Carmen 0447 503 065
Annerley Friday ID	Fri	6:00 PM	Baptist Church, 560 Annerley Rd, Paul S 0435103313
Alexandra Hills Open ID	Fri	10.00 AM	48 Newheaven St Alexandra Hill Brian 0406 566 204
Bribie Island ID	Fri	7:00 PM	Bribie N'hood Cntr 1/50Verdoni St. Rick 0422 361 067
Bulimba Open ID	Fri	8:00 PM	Under Bulimba Library, Cnr Riding Rd.
Carseldine Higher Power Topic	Fri	7:00 PM	Anglican Church, 30 Ridley Rd. Michelle F 0431 585 722
City Seize the Day ABSI	Fri	7:00 AM	Albert St Uniting, 319 Albert St.Brisbane Patrick 0407 642 298
Cleveland Into Action Grp Emot' Sob'	Fri	7:00 PM	Catholic Church Hall, 51 Passage St.
Common Park (Coorparoo) DREF	Fri	10:00 AM	The Common Park, 79 Cambridge St. Kathleen 0439 369 694
Forest Lake into Action Steps	Fri	7:00 PM	Room 1, Community Hall, 60 College Ave. Kay 0432 353 266
Grovely Gratitude DREF	Fri	10:00 AM	St Mathew's Hall, 25 Church Rd. Katie 0466 063 856
Kenmore Topics	Fri	1:00 PM	Uniting Church Hall 982 Moggill Rd. Michael 0439077 648
Margate Beginners (Redcliffe)	Fri	6:30 PM	St Mary's Hall, 97 Sutton St Torben 0449 650 910
New Farm Big Book (No Pets)	Fri	7:00 PM	Macedonian Comm Hall, 142 James St Caitlin 0432 587 115
Redcliffe Women's St/Trd (Not Pub Hol)	Fri	10:00 AM	Encircle Centre, 1 Lamington Drive. Robyn 0402 003 696
Toowong Topics (Not Public Hols)	Fri	6:30 PM	Library, Toowong Tower, Sherwood Rd. Ben 0435 228 288
Woodridge Steps and Traditions	Fri	6:30 PM	Adult Educ Center, St Paul's Grounds. Jody 0435 918 049
Alex Hills	Sat	9.00AM	48 Newheaven St. Alexandra Hills. Eddie 0466 855 965
Aspley Daily Reflections	Sat	8:00 AM	Community of Christ 22 Jaguar St. Janet 0403 586 347
Beenleigh ABSI Topic	Sat	5:00 PM	Comm Ctr, 10 James St, Mansfield Walk.
Burpengary Beginners	Sat	7:30 PM	Men's Shed Cnr Old Bay Rd & Maitland Rd. Gerry 0477 771 715
City Open ID (Not Pub Hols)	Sat	12:15 PM	Biala 270 Roma St, 7 th floor. William
Cleveland Bayside Beginners Open	Sat	5:00 PM	Uniting Church Hall, 36 Passage St. Greg 0498 995 428
New Farm Living Sober (No Pets)	Sat	6:30 PM	Macedonian Comm Hall,142 James St Caitlin 0432 587 115
New Farm Park Open ABSI	Sat	8:00 AM	Bandstand Rotunda, Brunswick St. Wendy R.0412 550 916
Oxley Station Open ID	Sat	9:30 AM	QCWA Hall, 80 Lincoln St Stephen 0428 567 553
Redcliffe ABSI (3 rd Sat)	Sat	8:00 AM	Sutton's Beach, 3 rd Saturday ofmonth. David 0478 056 437
Sandgate Spiritual Concepts	Sat	5:00 PM	St Margaret's Ch Hall, 58 Rainbow St. Steve 0456 780 944
West End AA It's Saturday	Sat	6:00 PM	West End Comm House, 4 Norfolk Rd. Michael 0406 451 491
Woodridge Saturday AM Open ID	Sat	9:00 AM	Adult Educ Centre, St Paul's Ch Grounds. Judy 0407 327 122
Ashgrove West Big Book Study	Sun	8:00 PM	Mater Dei Cath Schl, 7 Lynwood Cres. Nick 0416 084 718
Aspley Sunday Sunrise BB	Sun	6:00 AM	Community of Christ, 22 Jaguar Street. Janet 0403 586 347
Bayside Big Book Study	Sun	5:30 PM	Bayside Com Ch, 9 MacArthur St, Alex Hills Dean 0450795253
Bray Park Open ID	Sun	7:00 PM	Parish Centre (behind church), 102 Sparkes Rd.
Caboolture ID/Recovery	Sun	6:00 PM	U3A, 21 Short St, Behind Fire Stn St Willy Mc 0407 115 015

Carseldine Joys of Recovery	Sun	5:00 PM	Anglican Church Hall, 30 Ridley Rd. Rod 0402 312 390
Greenlopes Steps	Sun	6:00 PM	Queen Alexandra Bld 347 Old Cleveland Rd Tonti 0419 245 464
Indooroopilly Higher Power	Sun	6:30 PM	St Andrew's Ch, Fairley St & Lambert Rd. Alex 0426 279 485
Mt Gravatt Open ID	Sun	7:00 PM	Under Cnr Hicks and Springwood St. Sean 0422 790 072
New Farm LGBTIQA+Rainbow Open	Sun	6:30 PM	Neighbourhood Centre 967 Brunswick St.
Nundah Open ID	Sun	5:00 PM	Baptist Ch Hall (D'staurs), 19 Chapel St. Adam 0491 244 306
Paddington Serenity	Sun	9:00 AM	Hall, 10 Moreton St. Paul M 0403 569 097
Red Hill ABSI	Sun	6:30 PM	St Barnabas Ang Ch, 28 St Barnabas Pl Bob 0403 897 823
Riverdale Park Women's Meeting	Sun	8:00 AM	Armstrong Rd. Gazebo near duckpond. Lisa 0406 254 651
Wilston Fourth Dimension BB Study	Sun	11:30 AM	St.Alban's Anglican Church. 47 Lovedale St Oscar 0421 790 032
Wynnum Serenity By the Sea ID	Sun	9:30 AM	Wynnum Municipal Hall, 219 Bay Tce. Melissa 0408 726 800

IPSWICH

Ipswich Tuesday Topics	Tues	7:00 PM
Ipswich Queens Park	Wed	4:00 PM
Ipswich Silkstone Serenity Open ID	Thu	7:00 PM
Ipswich ID and Recovery.	Fri	11:30 AM
Ipswich Beginners	Fri	7:00 PM
Ipswich Daily Reflections Open	Sat	9:00 AM
Ipswich ID and Recovery.	Sat	7:00 PM
Ipswich Spiritual Concept Breakfast	Sun	7:30 AM
Ipswich Newcomers-Living Sober	Sun	5:00 PM
Ipswich Chapter 6	Sun	10:00 AM

Helpline Phone: 07 3255 9162

St John's Church, 32 Roderick Street. Ann 0468 943 893
Bush Chapel, 10a Merle Finmore Ave, Colin 0421 209 630
Scout Hut, 6 Easton St, Newtown. Mark 0403 133 517
Queens Park Scout Hall 12 Milford St Ipswich Pam 0413 160 938
St John's Church, 32 Roderick Street. Robert 0416 273 699
Central Ch, Cnr Limestone & Gordon St. David 0407 170 494
Queens Park Scout Hall 12 Milford St Ipswich Pam 0413 160 938
Queens Park Scout Hall, 12 Milford St Maryanne 0403 166 862
Salvation Army Hall 62 South St, Ipswich Matt 0481 315 959
Queens Park Rotunda – First Sunday of each month 0481315959

TOOWOOMBA

Tmba H.O.W. Group	Mon	12 Noon
Tmba Beginners	Mon	6:30 PM
Tmba H.O.W. Group - Topic	Tue	12 Noon
Tmba Recovery ID	Tue	7:00 PM
Tmba H.O.W. Group	Wed	12 Noon
Tmba Highfields	Wed	7:30 PM
Tmba East Closed Women's	Wed	6:30 PM
Tmba Newtown	Wed	6:30 PM
Tmba H.O.W. Group - ABSI	Thu	12 Noon
Tmba Big Book Group	Thu	7:00 PM
Tmba Main Group ID	Thu	8:00 PM
Tmba Rainbow Recovery	Fri	6:00 PM
Tmba H.O.W. Group	Fri	12 Noon
Tmba H.O.W. Group	Sat	12 Noon
Tmba Sunday Big Book	Sun	4:30 PM
Tmba Steps & Traditions	Sun	10:00 AM
Tmba H.O.W. Group	Sun	12 Noon

Dr Price Rooms, 6 Little St. Milton 0423 336 951
St Patrick's Hall, Conf Rm 123 Neil St. Denice 0403836028
Dr Price Rooms, 6 Little St. Milton 0423 336 951
St Patrick's Hall, Conf Rm 123 Neil St. Denis 0427 018 484
Dr Price Rooms, 6 Little St. Milton 0423 336 951
Lutheran Hall, Highfields. Peter 0411 731 461
All Saints Church, 26 Arthur St. Greer 0419 644 535
St Patrick's Parish Hall Neil Street. Ken 0408 685 050
Dr Price Rooms, 6 Little St. Milton 0423 336 951
Scout Hall 21-23 Geoffrey St. Toowoomba Todd 0419 672 671
St. Patrick's Parish Church Hall, Neil Street. Peter 0411 731 461
Dr Price Rooms, 6 Little St Jess 0474 457 643
Dr Price Rooms, 6 Little St. Milton 0423 336 951
Dr Price Rooms, 6 Little St. Milton 0423 336 951
All Saints Church, 26 Arthur St. Brendan 0439 068 482
Twmba West Spec Sch P&C 26 Gladstone St Tyler 0447 442 095
Dr Price Rooms, 6 Little St. Milton 0423 336 951

GOLD COAST:

Burleigh Heads Early Birds	Mon	6:00 AM
Burleigh 7 O'clock Mon Night ID	Mon	7:00 PM
Burleigh Heads Young and Old ID	Mon	10:00 AM
Coolangatta Open ID and/or Topic	Mon	10:00 AM
Coomera Living Sober	Mon	6:45 PM
Isle of Capri - Sunrise DR	Mon	6:00 AM
Elanora A Design for Living	Mon	6:00 PM
Paradise Point AA Meditation	Mon	6:30 PM
Southport ID	Mon	12 Noon
Ashmore ABSI	Tue	7:00 PM
Burleigh Heads Early Birds	Tue	6:00 AM
Coolangatta Open ID and/or Topic	Tue	10:00 AM
Elanora Spirit of Freedom Speaker	Tue	7:00 PM
Helensvale ID	Tue	8:00 PM
Hope Island Big Book Breakdown	Tue	7:00 PM
Isle of Capri - Sunrise DR	Tue	6:00 AM

Girl Guide Complex, 57 Tabilban St. (7am on Public Holidays)
Uniting Church, 2 Burleigh St Cnr Burleigh St & West Burleigh Rd
St John's Ch Hall, 14 Park Ave (upstairs) Dawn 0438 177 023
St Augustine's Parish Hall, McLean St. Helena 0427 740 576
Community Space, 133 Finnegan Way. John 0407 714 744
Anglican Church Hall, 73 Salerno Street
Palm Beach Community Ctn, 1 Thrower Dr. 1 hr 15 min
Uniting Church Annex, 126 Paradise Parade.
Room G3, Community Centre, 6 Lawson St.
Mary Immaculate Ch, 31 Edmund Rice Dr. Room next to Church
Girl Guide Complex, 57 Tabilban St. (7am on Public Holidays)
St Augustine's Parish Hall, McLean St.
The Pines Meeting Room, 33 Guineas Creek Rd Elanora.
Eternity Church, 1 Shepparton Rd.
Banksia Park Hall, 27 Crescent Ave, Hope Island
Anglican Church Hall, 73 Salerno Street

Kingscliff ID (NSW)	Tue	7:30 PM	Anglican Church Hall, 41 Pearl Street (NSW Time)
Murwillumbah ID (NSW)	Tue	10:00 AM	All Saints Angl Church (iundercroft), 26 Byangum Rd - NSW Time
Robina "Happy Hour"	Tue	5:30 PM	Community Centre, 196 Robina Town Centre Dr. Room 1.3
Tamborine United Big Book Study	Tue	6:00 PM	St. John the Baptist Church, 94 Beacon Rd Peter 0408 195 498
Banora Pt ID Recovery (NSW)	Wed	7:00 PM	Salvo's Centre, 25 Woodlands Drive, Cnr Leisure Drive
Burleigh Heads Early Birds	Wed	6:00 AM	Girl Guide Complex, 57 Tabilban St. (7am on Public Holidays)
Coolangatta ID 1.5 hrs	Wed	10:00 AM	St. Augustine Parish Hall, McLean Street. Helena 0427 740 576
Gold Coast Men's BB/SPKR	Wed	6:00 PM	Bavia House, 14 Kalimna Dr, Broadbeach Waters.
Isle of Capri – Sunrise DR	Wed	6:00 AM	Anglican Church Hall, 73 Salerno Street
Mudgeeraba Steps and Traditions	Wed	7:30 PM	RSL, Sub-Branch Office, 64 Railway St.
Palm Beach Big Book Study	Wed	6:00 PM	Red Cross Rooms, 38 Eleventh Ave. (next to library)
Southport Steps and Traditions	Wed	10:45 AM	Room G3, Community Centre, 6 Lawson St.
Burleigh Heads Early Birds	Thu	6:00 AM	Girl Guide Complex, 57 Tabilban St. (7am on Public Holidays)
Burleigh Heads Emotional Sobriety	Thu	6:00 PM	Girl Guide Complex, 57 Tabilban St.
Coolangatta Open ID	Thu	10:00 AM	St Augustine's Parish Hall, McLean St. Helena 0427 740 576
Hope Island Steps & Traditions	Thu	7:00 PM	Banksia Park Hall, 27 Crescent Avenue
Isle of Capri Sunrise - DR	Thu	6:00 AM	Anglican Church Hall, 73 Salerno Street
Isle of Capri ID	Thu	7:00 PM	Anglican Church Hall, 73 Salerno Street
Murwillumbah ID (NSW Time)	Thu	6:00 PM	Parish Cntr cnr Waterloo & Queensland Rd
Tamborine Mountain United ABSI	Thu	7:00 PM	St George's Ch Annex, Eagle Heights Rd & Dapsang Drive.
Tugun Jaywalkers ID lmtd which acc	Thu	6:30 PM	24 Toolona St Tugun Keri 0457 704 458
Broadbeach Waters The Way Out BB	Fri	6:30 PM	Cultural Centre Crm Hooker & Sunshine Blvd Broadbeach
Burleigh Heads Early Birds	Fri	6:00 AM	Girl Guide Complex, 57 Tabilban St. (7am on Public Holidays)
Burleigh Beginners	Fri	5:30 PM	Girl Guides Hut 57 Tabilban St.
Clear Is Waters Women's Closed ID	Fri	10:00 AM	Sacred Heart Church Meeting Room, Fairways Dr. (No Children).
Coolangatta Freedom Friday ID/Topic	Fri	10:00 AM	St. Augustine Parish Hall, McLean Street
Isle of Capri – Sunrise DR	Fri	6:00 AM	Anglican Church Hall, 73 Salerno Street
Mermaid Bch Rainbow Recovery	Fri	6:00 PM	Mermaid Bch Comm Cntr 2439 Gold Coast Hgway 0403 429 951
Paradise Point DR	Fri	6:00 PM	Community Centre, Community Lane
Southport Spiritual Experience	Fri	12 Noon	Room G3, Community Centre, 6 Lawson St.
Burleigh Heads Early Birds	Sat	7:00 AM	Girl Guide Complex, 57 Tabilban St.
Burleigh Waters Women in Sobriety	Sat	11:00 AM	Fradgley Hall above Burleigh Heads Library, Park Ave
Burleigh Heads GC Young Peoples	Sat	6:30 PM	St. John's Anglican Church Hall. 14 Park Avenue.
Coolangatta Open ID/ Topic	Sat	10:00 AM	St Augustine's Parish Hall, McLean St.
Elanora Sisters in Recovery	Sat	2:30 PM	Uniting Church, 17a Applecross Way
Isle of Capri Sunrise - DR	Sat	6:00 AM	Anglican Church Hall, 73 Salerno Street
Isle of Capri ID	Sat	6:00 PM	Anglican Church Hall, 73 Salerno St.
Murwillumbah BB Steps Discussion	Sat	5:00 PM	ConXions Church, 19 Prince St. - NSW Time
Palm Beach Topic	Sat	5:30 PM	Red Cross Rooms, 38 Eleventh Ave. (next to library)
Southport ID	Sat	10:00 AM	Room G3, Community Centre, 6 Lawson St.
Burleigh Heads Early Birds	Sun	7:00 AM	Girl Guide Complex, 57 Tabilban St.
Burleigh Heads Spiritual Experience	Sun	5:00 PM	Girl Guides Complex, 57 Tabilban St.
Kirra Hill Spiritual Concept	Sun	10:00 AM	Community Centre, 1 Garrick St, Coolangatta
Paradise Point Topic	Sun	5:00 PM	Community Centre, Community Lane.
Southport DR	Sun	9:15 AM	Room G3, Community Centre, 6 Lawson St.

SUNSHINE COAST: District 9 Helpline Phone 0457 119 009

Buddina Big Book Story	Mon	12:30 PM	Girl Guides Hall, 54 Iluka Ave
Caloundra ABSI	Mon	7:00 PM	Anglican Church Hall, 46 Upper Gay Tce Dale A 0401 893 368
Gympie Monday Night Steps	Mon	5:30 PM	Community Ch Hall, 78 Pine St. Jackie 0426 953 098
Maroochydhore Closed ID	Mon	7:00 PM	St Peter's Anglican Hall Cnr Church/Beach Rd
Nambour Topic	Mon	7:00 PM	Salvation Army Hall, 18 Sydney St. Ray 0411 311 278
Tewantin Open ID	Mon	7:00 PM	Uniting Ch Hall, 41 Poinciana Ave. Ray 0407 163 472
Buderim Women's	Tue	10:00 AM	Uniting Ch Hall Gloucester Rd & Main St Kate 0468 428 190
Coolum Speakers Meeting	Tue	7:00 PM	Lions Club Hall, Russell St. Linda 0409 951 877
Gympie Big Book Study	Tue	9:30 AM	Salv Army Hall, 42 Stumm Rd, Southside. Kevin 0439 310 774
Landsborough Steps & Traditions	Tue	12:30 PM	Seventh- Day Adventist Ch, 27 Maleny Rd. Simon 0467 205 521
Mooloolaba Men's Group	Tue	7:00 PM	Uniting Church, 6 Meta Street. Julian 0416 928 166
Tewantin Big Book	Tue	1:00 PM	Uniting Church Hall, Werin St, Tewantin. Greg 0422 899 138

Buderim Recovery BB	Wed	7:00 PM	Uniting Ch Hall, Cnr Gloucester Rd & Main St.
Caloundra ID	Wed	7:30 PM	119 Sugar Bag Rd, Little Mountain Wayne 0419 264 468
Caloundra Bulcock Beach Early Birds	Wed	7:00 AM	Coffee Club, 30 Esp., Bulcock Beach. Diane 0427 114 562
Cooroy Open ID	Wed	7:00 PM	Freemasons Hall, 58 Elm St. Bernie 07 5446 7971
Gympie Daily Reflections	Wed	7:30 AM	Gympie Community Church, 87 Pine St. Alex 0405 338 231
Mudjimba Steps & Trads	Wed	7:30 PM	Community Centre, 41 Cottonwood St. Dave 0437 373 896
Nambour Topic	Wed	12:15 PM	Salv Army Hall, 18 Sydney St, Nambour. Tracey 0403 768 004
Noosa Heads DREF Open	Wed	7:00 AM	Aromas Cafe, 32 Hastings St. Noosa Heads
Coolool Beach ABSI	Thu	7:30 AM	Lions Club Hall, 9 Russell St. Linda T 0409 951 877
Cotton Tree "Doing the Deal" BB	Thu	12:30 PM	Rugby U Club, Fifth Ave & Beach Pde. Alison 0423 310 749
Gympie Open ID	Thu	7:30 PM	New Comm Ctr, Excelsior & Stanley St. Maree 0419 837 798
Mooloolaba Beginners	Thu	7:00 PM	Uniting Church Hall, 6 Meta St Wayne 0419 264 468
Noosa Tewantin Women's	Thu	12 Noon	Uniting Ch Hall, Werin St & Poinciana Ave. Margaret 5447 4784
Noosaville/Tewantin Steps	Thu	7:00 PM	Uniting Ch Hall, 41 Poinciana Ave. Ray 0407 163 472
Buddina Freedom	Fri	12:30 PM	Girl Guides Hall, 54 Iluka Ave Buddina.
Caloundra Friday Living Sober	Fri	7:00 PM	Salv Army Hall, 119 Sugar Bag Rd., Little Mtn Sean 0402 213 955
Chevallum Friday Recovery 10am	Fri	10:00 AM	Cnr Chevallam and Chevallum School Road. Alice 0432031327
Cotton Tree Cosmos Recovery	Fri	7:00 PM	N'hood Ctr, Cnr Fifth Ave & Beach Pde. (rear entry)
Noosa BB Steps & Traditions	Fri	7:00 PM	Noosa Baptist Ch. 1 Lake Weyba Dr Noosaville
Chevallum AA Group	Sat	6:00 PM	Lions Club Hall, Cnr Chevallum and Chevallum School Rd
Coolool Beach Open Topic	Sat	9:00 AM	Lions Club Hall, Russell St. Linda 0409 951 877
Caloundra Big Book Group	Sat	1:00 PM	Salv Army Hall 119 Sugar Bag Rd Little Mtn Megan 0499 971966
Gympie Recovery	Sat	4:30 PM	St Patricks Ch, 14 Church St, Gympie. Tony 0411 137 766
Nambour Saturday Night Group	Sat	7:30 PM	Salvation Army Hall 18 Sydney St, Thomas 0436 391 607
Noosa Topics	Sat	5:30 PM	Noosa Bapt Ch, Cnr. Weyba Rd & Weyba Dr Niesha 043223189
Beerwah Breakfast Group	Sun	8:00 AM	QCWA Hall, Simpson St. Kim 0407 962 688
Coolool Beach DR Spiritual Concepts	Sun	8:00 AM	Pt Perry Lookout – outdoor shelter Linda 0409 951 877
Coolool Living Sober /Promises	Sun	6:00 PM	Lions Hall, Russell St, Coolool Beach. Linda T 0409 951 877
Currimundi Lesbian (2 nd Sundays)	Sun	10:00 AM	near 1 Buderim St, Ballinger Beach. Kelly 0427 620 989
Maroochy Women Living Sober	Sun	10:00 AM	Neighbourhood Centre, 2 Fifth Ave,
Maroochydhore Topic	Sun	3:00 PM	Community Focus 3/2 4 Ann Maree Close Anna 0413 979 047
Pomona AA Group	Sun	6:30 PM	Lawson Shed, Station St (opposite Pharmacy)

Correctional Centres **NB: Full Security Clearance Required**

Area A & B			
Mareeba (Cairns) CC			Lotus Glen CC. 4051 2872
Maryborough CC			Maryborough CC. Adam 0414 762 683, Cheryl 0417 161 103
Rockhampton CC			Capricornia CC.
Woodford CC	Fri AM & PM		Woodford CC. Dave 0418 888 544

Area C. For going into Area C Correctional Facilities contact Shane M 0413 403 970

REGIONAL TOWNS are listed in Alphabetical Order
Towns with a dedicated helpline phone number are highlighted

Agnes Water Open	Tue	6:30 PM	Old Community Hall 71 Springs Rd, Agnes John 0493 710 104
Agnes Water BB	Fri	6:30 PM	Old Community Hall 71 Springs Rd, Agnes John 0493 710 104
Airlie Beach ABSI	Mon	6:00 PM	Neighbourhood Ctr, 14-20 Hazelwood Cres. Reece 0423 328 717
Airlie Beach Steps & Traditions	Wed	6:00 PM	Neighbourhood Ctr, 14-20 Hazelwood Cres. Reece 0423 328 717
Airlie Beach Cannonvale ABSI	Fri	6:00 PM	Neighbourhood Ctr, 14-20 Hazelwood Cres. Mekaela 0423 872 402
Allora Open	Sun	4:00 PM	St David's Anglican Hall, 1 Church St. Rhonda 0498 117 033
Atherton ID	Sat	7:00 PM	CWA Hall, Cnr Main & Jack St. Liz 0488 977 254
Ayr / Burdekin Recovery Open ID	Mon	7:30 PM	Form 1 Room, High School, Edwards St. Bryan 0427 651 921
Beaudesert Daily Reflections	Mon	6:00 PM	Shop 4-5 PO Sq Arcade, 115 Brisbane St Lee 0407 883 859
Beaudesert Big Book	Fri	12 Noon	Girl Guides Hall 5-7 Jane St. Mellissa 0455 023 665
Blackbutt (Contact Only)			Kevin 0407 071 082
Boonah Open ID	Tue	7:00 PM	Anglican Church, 10 Church St. Allison 0412 383 311
Bowen Open ID	Sat	10:00 AM	Neighbourhood Ctr 34/38 Gregory St. Trevor 0456 496 986
Bundaberg			0475 903 999 (24 hours)
Bundaberg Open ID	Mon	6:30 PM	24 Sims Road Walkervale Ann 0458 538 008
Bundaberg Hope Group Open ID	Wed	12 Noon	Uniting Church Hall, 34 Barolin St. Wendy 0403 612 219

Bundaberg Topic	Wed	6:30 PM	24 Sims Road. Walkervale Ann 0458 538 008
Bundaberg Open ID	Fri	6:30 PM	24 Sims Road Walkervale Ann 0458 538 008
Bundaberg Spiritual Concepts	Sun	6:30 PM	24 Sims Road Walkervale Ann 0458 538 008
Moore Park Beach Topic mtng	Wed	6:00 PM	Moore Pk Bch Comm Hall, Club Ave Kerry 0493 865 493
Cairns			07 4051 2872
Cairns Parramatta ID	Mon	12:30 PM	CSO Meeting Rm, 129 Mulgrave Rd. Ph.CSO 4051 2870
Cairns Monday Night Big Book	Mon	6:30 PM	10 Thomas St, Cairns North. Centacare Building.
Cairns Parramatta ID	Tues	12:30 PM	CSO Meeting Rm, 129 Mulgrave Rd. Ph.CSO 4051 2870
Cairns Holloways Bch Topic	Tue	6:00 PM	Comm. Hall, Holloways Bch, Oleander St
Cairns Tuesday Night Steps/ Trads	Tue	6:30 PM	Spinal Life Living Centre 2-4 Smith St Ph. Jody 0416 081 801
Cairns Parramatta ID	Wed	12:30 PM	CSO Meeting Rm, 129 Mulgrave Rd. Ph.CSO 4051 2870
Cairns City Beginners	Wed	6:00 PM	St Monica's Comm Cntr 181 Abbott St Kylie 0429 030 640.
Cairns Parramatta ID	Thur	12:30 PM	CSO Meeting Rm, 129 Mulgrave Rd. Ph.CSO 4051 2870
Cairns Women's Meeting	Thur	6:00 PM	CSO 129 Mulgrave Rd Parramatta Pk Laura 0420 997606
Cairns CALD	Thur	5:30 PM	Salvation Army 72 Hoare St Manunda. Denis 0497465998
Cairns Parramatta ID	Fri	12:30 PM	CSO Meeting Rm, 129 Mulgrave Rd. Ph.CSO 4051 2870
Cairns City Friday Twilight ID	Fri	6:00 PM	Cairns Jnr. Choral Soc., 28b Grove St. Cairns Josie 0422 389817
Cairns Chapter 6 ID (last Fri of Mth)	Fri	7:00 PM	St Monica's Cath Meeting Rm, 181 Abbott St Peter 0411 056 439
Cairns Saturday Steps & Traditions	Sat	10:30 AM	CSO Meeting Rm, 129 Mulgrave Rd.
Cairns Saturday Night ID	Sat	7:00 PM	CSO Meeting Rm, 129 Mulgrave Rd. Ph.CSO 07 - 4051 7872
Cairns Edge Hill ID	Sun	9:30 AM	BBQ Area, Cent. Lakes, Greenslopes St. Mel 0414 921 037
Cairns City Sunset ID	Sun	6:00 PM	CSO Meeting Rm, 129 Mulgrave Rd. Jos 0478 213 351
Trinity Park ABSI	Mon	6:00 PM	Marlin Coast Neighbour Centre, 205 Reed Rd., Neil 0425 569512
Stratford Living Sober	Sat	6:00 PM	Stratford Community Hall, 15 Kamerunga Rd. Stratford.
Charters Towers	Wed	6:00 PM	Excelsior Library, Cnr Gill & Church St Clive 4787 3190
Childers Daily Reflections	Mon	10:00 AM	9 West St, Childers Dave 0429 336 119
Chinchilla ID	Thur	7:00 PM	Crn Middle & Colamba St - Check first Brad 0419728100
Cooktown ID	Tue	7:00 PM	CWA Hall, 107 Charlotte St. Richard 0477 505 047
Cooktown ID	Sun	1:30 PM	CWA Hall, 107 Charlotte St. Richard 0477 505 047
Cooloola Cove ID	Tue	7:00 PM	Vietnam Vets Hall, Nautilus Drive. Mark 0403 460 458
Dalby Steps & Traditions	Wed	7:00 PM	MYCNC, Cnr Drayton & Nicholson St. Danny 4662 1065
Dalby Closed ID	Sun	7:00 PM	MYCNC, Cnr Drayton & Nicholson St. Danny 4662 1065
Duaringa (Contact only)			Brett F 0438 666 144
Eidsvoid ID (Contact Only)			Norbert 0474 496 965, Doug 0427 266 368
Emerald ID Topic & Steps	Mon	7:30 PM	Anglican Church Hall Crn Ruby & Theresa St. Les 0428 460 558
Gatton DR	Wed	7:00 PM	Peace Lutheran Hall, 85 Spencer St. Randal 0466 819 725
Gladstone			No local helpline at present
Gladstone Women's	Mon	11:00 AM	Philip St Precinct 1 Pengelly St. Lee-Ann 0487 321 152
Gladstone Tuesday	Tue	7:00 PM	Philip St Precinct, N'hood Ctr 1 Pengelly St. CJ 0447 422 009
Gladstone Friday	Fri	7:00 PM	Philip St , N'hood Ctr 1 Pengelly St. Wendy 0416 233 993
Gladstone Spiritual Concept	Sun	10:00 AM	Philip St Precinct, N'hood Ctr 1 Pengelly St.
Glenwood Reality ID	Wed	7:00 PM	Community Hall, Pepper Rd Glenwood Mick 0412 612 215
Goondiwindi (Contact Only)			Geoff 0428 457 895
Gordonvale (Contact Only)			Raylene 0457 133 066
Gympie			See Sunshine Coast listings.....
Hervey Bay			0438 169 764
Hervey Bay ABSI	Mon	10:00 AM	St Johns Anglican Hall, Doolong Rd, Wondunna. 0408 442 032
Hervey Bay Pialba Open ID	Mon	7:30 PM	St James Lutheran Ch, 138 Pantlins Ln. Mel 0457 072 025
Pialba Group Tue/Sat	Tue	6:00 PM	St James Lutheran Ch, 138 Pantlins Ln. Mel 0431 474 916
Hervey Bay Pialba Living Sober	Thur	10:00 AM	Uniting Church, 56 Exeter St, Torquay. Sharyn 0499 316 157
Hervey Bay Pialba Open ID	Fri	8:00 PM	Neighbourhood Centre, 22 Charles St. Glenda 0409 634 884
Hervey Bay Serenity Steps & Trads	Sun	10:00 AM	Pialba Community Centre 22 Charles St Barry 0409 557 125
Howard Unity ID	Wed	10:00 AM	Uniting Ch, Cnr Watkins & Coal Sts. Contact 0408 442 032
Ingham Open ID	Thur	7:00 PM	Comm. Support Centre, 71 Townsville Rd. Pat 0427 737 675
Innisfail Recovery Open ID	Mon	5:00 PM	Uniting Church, 8 Scullen Ave. Liz 0417 007 422
Jimboomba Open ID	Wed	7:30PM	Community Ctre, 22 Honora St, Jimboomba. Alan 0424 493 553
Killarney (Contact Only)			Geoffrey 0407 040 607
Kingaroy Recovery	Thu	6:30 PM	"Biscuit Tin", Behind Church Hall, 15 Albert St. John 0401 388 756
Kuranda Recovery in the Rainforest	Sun	9:30 AM	St Christophers Church Hal, Barang St. Gary 0418 132 647

Mackay			0435 070 195 (24 hours)
Mackay Hope Group Open ID	Mon	7:00 PM	Hall, 19 Holack St, North Mackay Brian 0418 185 994
Mackay Pioneer Steps	Tue	7:00 PM	The Neighbourhood Hub, 4 George St. Natalie 0476 787 484
Mackay Women's (doors close 5.30)	Tue	5:30 PM	418 Shakespeare St Mackay Contact number on entrance door.
Mackay Serenity	Wed	1:00 PM	Salvation Army, 48-50 Gregory St. Lesley 0427 270 911
Mackay Beginner's	Wed	7:00 PM	CQU Theatre 2 Sydney St Mackay
Mackay Recovery	Thur	7:00 PM	The Neighbourhood Hub, 4 George St. Alison 0467 456 081
Mackay Pioneer Open ID	Fri	7:00 PM	The Neighbourhood Hub, 4 George St. Natalie 0476 787 484
Mackay Womens Open DR	Sat	9:30 AM	Womens Centre 418 Shakespeare St. Sue 0402 769 898
Mackay Hope Group Open ID	Sat	7:00 PM	The Neighbourhood Hub, 4 George St. Brian 0418 185 994
Mackay Hope Group Open ID	Sun	7:00 PM	The Neighbourhood Hub, 4 George St. Brian 0418 185 994
Mackay Literature/ABSI	Sun	7:00 PM	Baptist Church, 144 Shakespeare St Paul 0422 072 267
Malanda	Tue	6:30 PM	CWA Building, 3 Elizabeth St, Monica 0419 757 035
Mareeba Open ID 1.5 Hrs	Mon	7.30 PM	CWA Hall, Wilkes St. Stewart 0459 223 984
Maryborough			0438 169 764
Maryborough Fort St Topic WIWO	Mon	12 Noon	168 Fort Street, Marianne 0417 890 243
Maryborough Steps & Traditions	Tue	7:00 PM	St Mary's Parish Hall, 224 Bazaar St. Fran 0400 086 851
Maryborough Open ID	Wed	7.00 PM	St Mary's Parish Hall, 224 Bazaar St. Jim S 0423 455 532
Maryborough Big Book (Open)	Sat	10:00 AM	Powerhouse Bldg, Cnr Kent & Tooley St. 0438 169 764
Minden Open ID/Daily Ref	Sun	7:00 PM	Zion Lutheran Church Hall, Tallegalla Rd. Jerry 0413 105 825
Mitchell	Tues	7:00PM	Bag Hut 19 Liverpool Street. Darryl 07 4623 7298
Moranbah ID	Mon	7:00 PM	Moranbah Support Service, 2 Appleton St. Toby 0447 730 940
Moranbah ID	Fri	7:00 PM	Moranbah Support Service, 2 Appleton St. Toby 0447 730 940
Far Western District Southwest QLD			0436 464 633
Morven Steps/Trad/Topic/BB/ID	Sun	10:00 AM	Morven Town Hall, Warrego Highway. Ron/ Linda 4654 8217
Mt Isa Big Book Study	Mon	7:00 PM	Catholic Centre, Room 14, 2 Corbould St. Kat 0468 578 708
Mt Isa Open ID	Fri	7:00 PM	Catholic Centre, Room 14, 2 Corbould St. Bob 0417 529 736
Mundubbera Open ID	Mon	6:30 PM	Baptist Ch (tea room),92 Leichhardt St. Norbert 0474 496 965
Murgon	Tues	12.30 PM	Baptist Church Hall, 94 Macalister St, Sonia 0427 137 140
Murgon	Fri	12:30 PM	Baptist Church Hall, 94 Macalister St, Sonia 0427 137 140
Nanango Recovery	Wed	10:00 AM	Catholic Church Hall 23 Alfred St, Diane 0432 095 892
Palm Island	Mo-Fri	8:00 PM	Ferdy's Haven, Coconut Grove, Palm Island.
Pentland (Contact Only)			Len 0412 909 233
Port Douglas (Contact only)			Sue 0417 562 604
Port Douglas Steps and Traditions	Thu	7.00 PM	Neighbourhood Centre, 6/10 Mowbray St. Sue 0417 562 604
Rainbow Beach (Contact Only)			Jutta 07 54862073
Richmond (Contact Only)			Chris 0400 568 414
Rockhampton Contact			0401 469 009 Ron
Rockhampton BB Study Workshop	Mon	6:00 PM	Gumbi Gumbi19 George St Rockhampton Joel 0413 717 537
Rockhampton Open ID	Wed	8:00 PM	Baptist Church Hall, 650 Norman Rd AA 0468 480 740
Rockhampton (Gumbi Gumbi)	Sat	6:00 PM	Gumbi Gumbi Rehab Centre 19 George St, Laurie 0418793373
Rockhampton – Rocky Topics at 3	Sun	3:00 PM	Gumbi Gumbi Rehab Centre 19 George St, Alan 0437 633 770
Roma BB, Steps & Trads	Wed	7:00 PM	Community Centre, Cnr Quintin & Bungil St. Chris 0457 612167
Rubyvale ID/Steps/BB Study	Tue	7:30 PM	Rubyvale Hall, 7 Burrigge Rd. Col V 0423 767 490
Stanthorpe Open Literature Study	Mon	7:00 PM	Baptist Church, Cnr Hillcrest & Railway St. Cindy 0411 667 234
Stanthorpe Open ID	Fri	7:30 PM	Baptist Church, Cnr Hillcrest & Railway St. Sarah 0457 812 962
Tenterfield Open ID	Wed	7.00 PM	Salvation Army Hall, Cnr Naas & Logan St. Troy 0439 501 166
Tenterfield Spiritual Concept	Sun	1.00 PM	Salvation Army Hall, Cnr Naas & Logan St. Troy 0439 501 166
Thursday Island (Contact Only)			Chris 0472 641 464
Townsville			07 4771 5411
Townsville Kirwan Daily Reflections	Mon	12 Noon	Scout Hall, Cnr Bamford Lane & Mill Dr. Gypsy 4778 8042
Townsville Currajong Big Book	Mon	6:00 PM	Marian School, Cnr Hugh & Corcoran St. Shane 4773 2350
Townsville Women In Unity	Mon	6.00 PM	Girl Guides Hall, Cnr Bundock St and Harold St, West End.
Townsville Kirwan Beginners	Tue	12 Noon	Scout Hall, Cnr Bamford Lane & Mill Dr. John 0401 901 692
Townsville Heatley Daily Reflections	Tue	6:30 PM	Heatley Church of Ascension, 10 Mill Dr. Tracey 4779 8203
Townsville Open Monastery	Tue	6.30 PM	Anglican Parish, 6, Mill Dr. Heatley Tracey 0747798203
Townsville Kirwan Open	Wed	12 Noon	Kirwan Scout Hall Bamford Ln Kirwan. 0477 470 382
Townsville West End Open ID	Wed	6:30 PM	Uniting Ch Hall, Church St & Ingham Rd. George 0438 194 150
Townsville Kirwan Steps	Thu	12 Noon	Kirwan Scout Hall, Cnr Mill Dr & Bamford Ln. Gypsy 4778 8042

Townsville AA Solutions	Thu	7.00 PM	Comm Cntr, 55 Riverside Blvd, Douglas Ph: 0459 232 729
Townsville North Ward ID Steps	Thu	7.30 PM	Central State School, 4-6 Warburton St. Jude 0405 389 605
Townsville Kirwan Daily Reflections	Fri	12 Noon	Scout Hall, Cnr Bamford Ln & Mill Dr. Gypsy 4778 8042
Townsville Upper Ross ID	Fri	6.30 PM	Good Shepherd Com Ctr, 65 Allambie Ln. Mary 0407 139 381
Townsville Castle Hill ID	Fri	7:00 PM	West End Uniting Church, 4 Church St. Jim 0410 248 179
Townsville Annandale Early Birds	Sat	10:00 AM	Oonoonba Comm Centre, 2 Shannon St. Ann 0417 007 576
Townsville Magnetic Island Steps	Sat	10:00 AM	Uniting Church, 11Tumbridge St,Nelly Bay Closed 3rd Sat Mth
Townsville ID	Sat	8.00 PM	CSO, 1 Charters Towers Road. Murray 0437 025 626
Townsville Spiritual Concept	Sun	10:00 AM	Oonoonba Comm Centre 2 Shannon St. Liz 0438 333 398
Townsville Heatley Steps	Sun	6:00 PM	Heatley Church of Ascension,10 Mill Drv. Lee 0405 276 940
Warwick Open ID Child friendly	Wed	1:00 PM	St Mary's Ch, 163 Palmerin St, Warwick Cindy 0411 667 234
Yeppoon Open ID	Fri	7:30 PM	Community Development Centre, 76 John St. Ron 0401 469 009

Please let the Brisbane CSO know if there are any changes required to the meeting list on admin@csobrisbane.org.au

All QLD meetings are maintained and updated by the Brisbane CSO on www.aa.org.au

Brisbane CSO Literature

All items available for sale in the [eshop www.csobrisbane.org](http://eshop.www.csobrisbane.org)
Please do not mix literature payments and YPF subscription payments

All Literature Orders will have postage added Call CSO for the postage price to your address

Code	Item	Price
Books		
01B-01 4 th Ed	Big Book 4th Edition H/C	\$17.60
01B-01	Aussie Big Book 2 nd Edition	\$17.60
01B-02	12&12 Standard S/C	\$12.40
01B-03	12&12 Pocket Hardback	\$17.00
01B-04	AA Comes of Age	\$33.00
01B-05	As Bill Sees It H/C	\$25.00
01B-05A	As Bill Sees It S/C	\$22.00
01B-05B	ABSI Large Print	\$24.00
01B-06	Dr Bob & The Good Oldtimers	\$30.00
01B-07	Pass It On	\$30.00
01B-08	Portable Big Book S/C	\$24.00
01B-09	Daily Reflections	\$15.00
01B-09A	Daily Reflections Large Print	\$25.00
01B-10	Large Print Big Book	\$25.00
01B-11	Pocket Big Book	\$5.00
01B-13	Big Book Abridged	\$15.00
01B-14	Large Print 12&12	\$20.00
01B-15	12&12 Pocket	\$5.00
01B-16	Experience Strength & Hope	\$27.95
01B-18	AA 70 Years of Growth	\$20.00
01B-19	One to another – Australian AA History	\$22.00
01B-20	Commemorative Big Book	\$17.60
01B-22	Our Great Responsibility	\$25.00
01B-23	A Visual History of AA	\$20.00
02BL-01	Came to Believe	\$9.00
02BL-01A	Came to Believe Large Print	\$12.00
02BL-02	Living Sober	\$8.25
02BL-02A	Living Sober Large Print	\$12.00
02BL-03	Inmate to Inmate	\$12.00
02BL-04	12&12 Standard Hardcover	\$23.00
02BL-06	Message Stick	\$9.50
08GV-01	The Home Group	\$18.00
08GV-02	Language of the Heart H/C	\$27.95
08GV-02A	Language of the Heart S/C	\$24.95
08GV-03GL	Best of Bill Large Print	\$15.00
08GV-14	AA Around the World	\$20.00
08GV-16	Spiritual Awakenings	\$20.00
08GV-17	Thanks for Sharing	\$20.00
08GV-18	I am Responsible – The hand of AA	\$18.00
08GV-19	Emotional Sobriety	\$18.00
08GV-20	In Our Own Words – Young People	\$18.00
08GV-21	Beginners Book	\$20.00
08GV-27	Young and Sober	\$20.00
08GV-29	Happy Joyous and Free	\$20.00
08GV-30	One on One	\$20.00
08GV-31	No Matter What	\$20.00
08GV-32	Daily Quotes	\$20.00
08GV-33	Sober and Out	\$20.00
08GV-34	Forming True Partnerships	\$20.00
08GV-35	Our Twelve Traditions	\$20.00
08GV-36	Making Amends	\$20.00
08GV-37	Voices of Women in AA	\$20.00
08GV-39	One Big Tent	\$20.00
08GV-40	Take Me To Your Sponsor	\$20.00
08GV-43	Free On The Inside	\$20.00
08GV-44	Prayer and Meditation	
08GV-45	Fun in Sobriety	\$20.00

Code	Item	Price
Pamphlets - Unity		
04D-1	The District (N/D)	\$0.20
04U-01	AA Australian Group Handbook	\$2.50
04U-02	Traditions: How They Developed	\$1.25
04U-03	Twelve Concepts Illustrated	\$1.75
04U-03A	Twelve Concepts (Book)	\$7.95
04U-04	Twelve Traditions Illustrated	\$1.50
04U-05S	Service Manual & Guidelines 2007	\$34.00
04U-07	Group Donation Plans	\$0.00
04U-09	Bridging the Gap	\$0.60
04U-06	National Office of AA	\$0.10
04U-10	The Co-Founders of AA	\$1.40
04U-11	Inside AA Australia	\$1.10
04U-27	Self-Support - Money & Spirit Mix	\$0.80
04U-29	Prescribed Medication Flyer	\$0.05
04U-30	The AA Group Conscience	\$0.50
04U-DR	Literature Rack	\$30.00
04U-DRX	Literature Rack (wing extensions)	\$35.00
08NCA-77	Group Starter Kit	\$15.00

Public Info / Professionals		
05PI-01	Australian PI Kit	\$35.00
05PI-01.1	Australian PI Workbook	\$4.60
05PI-02	AA & Occupational Programs	\$0.45
05PI-03	How AA Members Co-Operate	\$1.45
05PI-05	AA in Your Community	\$0.55
05PI-06	Understanding Anonymity	\$0.60
05PI-07	A Brief Guide to AA	\$0.55
05PI-08	Let's be Friendly With Friends	\$1.00
05PI-10	Speaking at Non AA Meetings	\$0.80
05PI-14	PI Poster A4	\$0.35
05PI-23	A4 Poster 7 Pack (05PI-16 to 22)	\$2.00
06P-01	AA in Treatment Facilities	\$1.30
06P-02	Resource for Health Care Profess.	\$1.30
06P-03	The Clergy Asks About AA	\$1.30
06P-04	If You Are Professional	\$0.60
06P-05	Three Talks to Medical Societies	\$1.50
06P-06	AA in Correctional Facilities	\$1.25

Banners		
07BA-01	12 Steps Banner	\$50.00
07BA-02	12 Traditions Banner	\$50.00
07BA-03	I Am Responsible Banner	\$40.00
07BA-04	Serenity Prayer Banner	\$40.00
07BA-05	Declaration of Unity Banner	\$40.00
07BA-06	Slogans Banner	\$30.20
07BA-07	12 Concepts Banner	\$50.00

Medallions / Cards / etc		
08NCA-00	Bill & Bob Bronze Medallion	\$6.50
08NCA-000	Blank Bronze Medallion	\$6.50
08NCA-Camel	Camel Bronze Medallion	\$6.50
08NCA-Princ	Principles Bronze Medallion	\$6.50
08NCA-01-	1 to 50+ Years Bronze Medallions	\$6.50
08NCA-H24	24 hour Aluminium Medallion	\$1.60
08NCA-M01-	1 to 11 Month Aluminium Medallions	\$1.60
08NCAM-01	Plastic medallion case	\$2.50
08NCAM-03	Plastic Medallion case and stand	\$4.00
08NCAM-02	Plastic stand for medallions	\$2.50
08nca-Pewter	Pewter Stand for medallions	\$10.00
08NCA-70	AA Helpline Cards (250 in a box)	\$25.00
08NCA-76a	H.O.W. (Beginners) Kit	\$2.50
08NCA-PATH	Your Pathfinder Magazine	\$3.50

Pamphlets - Recovery		
03R-01	This Is AA	\$0.55
03R-02	Frequently Asked Questions	\$0.90
3R-03	Is AA for You?	\$0.50
03R-04	Young People & AA	\$0.95
03R-05	AA for the Woman	\$1.10
03R-06	Member's Eye View	\$1.10
03R-07	AA for the Older Alcoholic	\$1.45
03R-08	Memo to an Inmate	\$1.20
03R-10	AA Member Medication & Drugs	\$1.10
03R-11	A Newcomer Asks	\$0.55
03R-12	Do You Think You're Different?	\$1.10
03R-13	Letter to a Woman Alcoholic	\$0.85
03R-14	Q & A Sponsorship	\$1.10
03R-15	Is There an Alcoholic in Life	\$1.10
03R-17	Problems Other Than Alcohol	\$0.70
03R-18	Too Young?	\$1.10
03R-19	It Sure Beats Sitting in a Cell	\$1.50
03R-20	AA & the Gay/Lesbian Alcoholic	\$1.45
03R-25	Twelve Steps Illustrated	\$1.25
03R-26	Is AA for Me?	\$1.10
03R-28	How did I End Up Here?	\$0.80
03R-29	Making a Start - Beginners	\$0.75
03R-30	AA for Aboriginal Woman	\$0.50
03R-31	AA for Aboriginal Man	\$0.50
03R-32	AA for Indigenous Australian	\$1.50
03R-33	Many Pathways to Spirituality	\$0.75
03R-34	AA's with Mental Health Issues	\$1.50
03R-35	The God Word	\$1.20

08S-01	Anonymity Card	\$0.25
08S-02	12 Steps & Traditions Card	\$0.25
08S-03	I Am Responsible Card	\$0.25
08S-04	Just for Today Card	\$0.25
08S-05	Serenity Prayer for Framing	\$1.00
Free Flyers		
08NCA-71	Chairing a Meeting	\$0.00
08NCA-73	It takes a Few Sign (60/30/10)	\$0.00
09F-01	AA at a Glance	\$0.00
09F-02	Where Do I Go from Here?	\$0.00
09F-03	Carrying Message Inside Walls	\$0.00
09F-04	Message to Teenagers	\$0.00
09F-05	Memo to a Group Treasurer	\$0.00
09F-06	Your DCM	\$0.00
09F-07	The AA Group Secretary	\$0.00
Miscellaneous -		
08NCA-BM00	AA Bookmarks - various	\$3.50
08NCAC-V1	Vinyl Cover (Big Book)	\$44.00
08NCAC-V2	Vinyl Cover (Big Book & 12x12)	\$58.00

60/30/10 Donations

For Queensland Groups wishing to send donations according to the 60/30/10 plan
Or in other percentages as suggested by the Group Donation Plan Pamphlet.

60%

Central Service Office Brisbane Inc.
(Brisbane CSO)
PO Box 299, Annerley QLD 4103, **or**
Direct deposit: BSB 034-086 a/c 117132

30%

National Office / General Service Office
General Service Board of AA
Unit1/1 Gamet St, Rockdale NSW 2216, **or**
Direct deposit: BSB 012-006 A/c 009750529

10% To one of these three Areas

North of Rockhampton

Area A

PO Box 1443,
Townsville, QLD, 4810, **or**
Direct deposit
BSB 034-195 a/c 278090

North of Brisbane River to
Rockhampton

Area B

PO Box 332
Beerwah QLD, 4519 **or**
Direct deposit
BSB 034-033 a/c 419903

South of Brisbane River to
Border

Area C

PO Box 70
Annerley, QLD, 4103, **or**
Direct deposit
BSB 633-000 a/c 167863943

Your Pathfinder account details BSB 034-061 a/c 340688

Traveling Around Australia

General Service Office Unit 1/1 Gamet St, Rockdale NSW 2205. Phone: 02 9599 8866, www.aa.org.au

Queensland

Brisbane CSO Annerley City Library Annexe, 450 Ipswich Rd, Annerley. Office Mon-Fri: 10 am - 6 pm
Phone: 07 3255 9962, Helpline: 07 3255 9162 (10 am - 10 pm. 7 days.)
Email: admin@csobrisbane.org Web: www.csobrisbane.org

**Bundaberg
Cairns CSO** 24 Hour phone: 0475 903 999
Unit 3, The Fulton Building, 129 Mulgrave Road, Parramatta Park, QLD 4870.
PO Box 2089, Cairns QLD 4870 Email: cairnsqldcsso@gmail.com Ph 07 4051 2872

**Gladstone
Rockhampton** 24 hour phone: 0468 480 740
PO Box 1116, Gladstone. 24 hour phone: 0419 725 287

**Sunshine Coast D9
Townsville CSO** 0457 119 009
1 Charters Towers Rd, Townsville, 4810. 24 hour phone: 4771 5411

New South Wales

Ballina CSO 7 Martin St, Ballina, NSW 2473. Phone: 02 6686 8599

**Blue Mts & Wstrn Sydney
Sydney City CSO** Phone: 02 4782 2412, Email: aa.bluemountainwesternsydney@gmail.com
Offices 1&2. 9A Elizabeth Bay Rd Kings Cross. PO Box 478, Bondi Junction, 2022.
Phone: 02 9389 6333, 24 hour phone: 02 9387 7788 email: aasydneycitycso@bigpond.com

Gosford CSO "William Court" Suite 6/12 William Street, Gosford. Phone: 02 4323 3890

Banana Coast District PO Box 2522, Coffs Harbour, 2450. Phone: 02 6658 0366

**North Sydney
Wollongong CSO** Ruringai Community Centre, Cnr Rosedale Ave & Porters Lane, St Ives. Phone: 02 9488 9820
Room 9 upstairs, 114-116 Princes Hwy, Fairy Meadow. Phone: 02 4285 6788

Australian Capital Territory

Canberra CSO Grant Cameron Centre, 27 Mulley St, Holder, ACT 2611.
Phone: 02 6287 3020, email: info@aacanberra.org

Victoria

Bendigo PO Box 121, Golden Square, VIC, 3555. Phone: 03 5435 3167

Geelong PO Box 914, Geelong, VIC, 3220. Phone: 03 5229 1710

Shepparton PO Box 232, Shepparton, VIC, 3632. Phone: 03 5831 6742

Prahran 46 Porter St. Prahran, VIC, 3181. Phone: 03 9529 5948, Email: info@aamelbourne.org.au

Richmond 1st Floor, 36 Church St, Richmond, VIC, 3121. Phone: 03 9429 1833

Northern Territory

Darwin Room 5a, Nightcliff Community Centre, Bauhinia St Nightcliff. Mon - Fri: 12 noon - 3 pm
PO Box 40760, Casuarina, NT, 0811. Phone: 08 8948 5202

Alice Springs Phone: 08 8953 0802, Email: aaalicesprings@gmail.com

Katherine PO Box 237, Katherine, NT, 0851. Phone: 0417 837 243

South Australia

Adelaide CSO Rm 214-215, Level 2, Edments Bld, 38 Gawler Pl. Ph: 08 8221 6888, Email: cso@aa-sa.org

Tasmania

Hobart 18/2F McDougall Building, Eilerslie Rd, Battery Point, Tasmania, 7001. Phone: 03 6234 8711

Launceston PO Box 350, Launceston, Tasmania, 7250. Phone: 03 6334 7060

Western Australia

Perth Room 2, Claisebrook Lotteries House, 33 Moore St, East Perth, 6004.
Phone: 08 9325 3566 and 08 9325 3209, Email: aaperthwa@inet.net.au

International

LIM Australia Secretary/Editor: Amber B PO Box 33, Bald Hills QLD 4036 Email: limaustalia11@gmail.com

Loners Internationalists PO Box 459, Grand Central Station, New York, NY, 10163, USA.

GSO New York Postal address as above. Phone: (212) 870 3400, Fax: (212) 870 3003

World Hello P.O. Box 241, Rancho, Cordova, CA, 95741-0421, USA. Email: worldhelloeditor@yahoo.com

The Twelve Concepts for World Service

1. Final Responsibility and ultimate authority for AA world services should always reside in the collective conscience of our whole Fellowship.
2. The General Service Conference of AA has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.
3. To insure effective leadership, we should endow each element of AA--the Conference, the General Service Board and its service corporations, staffs, committees, and executives--with a traditional "Right of Decision."
4. At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.
5. Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard, and personal grievances receive careful consideration.
6. The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.
7. The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the AA purse for final effectiveness.
8. The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.
9. Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.
10. Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.
11. The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.
12. The Conference shall observe the spirit of AA tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

RESPONSIBILITY DECLARATION - 1965



I am responsible.

When anyone, anywhere, reaches out for help. I want the hand of AA always to be there. And for that, I am responsible.

Reprinted with permission of AA World Services Inc. ©

DECLARATION OF UNITY

**'This we owe to AA's future;
To place our common welfare first.
To keep our Fellowship united.
For on AA unity depends our lives
and the lives of those to come.'**

AA PREAMBLE

Alcoholics Anonymous is a fellowship of people who share their experiences, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Copyright © The AA Grapevine, Inc.

Reprinted with permission of AA World Services Inc. ©

SERENITY PRAYER

**God, grant me the serenity to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference**

SUBSCRIBE TODAY

